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**Clinical and
Experimental
Immunology**

**Impaired Dendritic Cell Maturation and Cytokine Production in Patients
with Chronic Mucocutaneous Candidiasis with or without Autoimmune
Polyendocrinopathy Ectodermal Dystrophy (APECED)**

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REVISED VERSION**Impaired Dendritic Cell Maturation and Cytokine Production in Patients with Chronic Mucocutaneous Candidiasis with or without APECED**

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Running title: Dendritic cells in CMC patients

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27 36 **ABBREVIATIONS**
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29 37 AAbs, autoantibodies;
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31 38 AIRE, Autoimmune Regulator;
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33 39 APECED, Autoimmune Polyendocrinopathy Candidiasis Ectodermal Dystrophy;
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35 40 CH, *Candida* hyphae;
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37 41 CTRLS, Controls;
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39 42 EAE, Experimental Autoimmune Encephalomyelitis
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41 43 F, female;
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43 44 M, male;
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45 45 moDCs, monocyte-derived dendritic cells;
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47 46 OMIM, Online Mendelian Inheritance in Man;
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49 47 PRRs, Pattern Recognition Receptors;
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51 48 STAT3, Signal Transducer and Activation of Transcription 3,
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3 50 **SUMMARY**
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5 51 Patients with Chronic Mucocutaneous Candidiasis (CMC) suffer persistent infections with the
6 yeast *Candida*. CMC includes patients with *AIRE* gene mutations who have Autoimmune
7 PolyEndocrinopathy Candidiasis Ectodermal Dystrophy (APECED), and patients without
8 known mutations. CMC patients have dysregulated cytokine production and dendritic cells
9 (DCs) as central orchestrators, may underlie pathogenic disease mechanisms. In 29 patients
10 with CMC (13 with APECED) and controls, we generated monocyte-derived DCs (moDCs),
11 stimulated them with *Candida albicans*, Toll-like receptor 2/6 ligand and lipopolysaccharide,
12 to assess cytokine production (IL-12p70, IL-23, IFN γ , IL-2, TNF α , IL-6, TGF β , IL-10, IL-5,
13 IL-13) and cell-surface maturation marker expression (CD83, CD86, HLA-DR). In both
14 APECED and non-APECED CMC patients, we demonstrate impairment of DC function as
15 evidenced by altered cytokine expression profiles and DC maturation/activation: 1) both
16 groups over-produce IL-2, IFN γ , TNF α , IL-13 and demonstrate impaired DC maturation. 2)
17 Only non-APECED patients showed markedly decreased *Candida*-stimulated production of
18 IL-23 and markedly increased production of IL-6, suggesting impairment of the IL-6/IL-
19 23/Th17 axis. 3) In contrast, only APECED patients showed DC hyper-activation, which may
20 underlie altered T-cell responsiveness, autoimmunity and impaired response to *Candida*. We
21 demonstrate different pathogenic mechanisms on the same immune response pathway
22 underlying increased susceptibility to *Candida* infection in these patients.
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70 INTRODUCTION

71 *Candida* is an opportunistic yeast, colonising the skin and mucosa of most healthy
72 humans without causing tissue damage [1], but quickly establishes disease in a variety of
73 permissive circumstances, often on a background of impaired immune function. Protective
74 immunity to *Candida* involves both the innate and adaptive immune system [2]. Defects in
75 cell-mediated immunity predispose to mucocutaneous candidiasis, as well as to a wide range
76 of other infectious agents [3]. As opposed to this, there are very rare patients with a selective
77 susceptibility to mucocutaneous infections with *Candida*, who suffer from recurring or
78 persistent, often severe, debilitating infections with this yeast [4]. The diagnosis of this
79 disease, coined Chronic Mucocutaneous Candidiasis (CMC) is clinical and encompasses a
80 heterogeneous group of conditions [5]. The APECED syndrome (Autoimmune
81 PolyEndocrinopathy Candidiasis Ectodermal Dystrophy), also known as APS1 (Autoimmune
82 PolyEndocrinopathy Type 1) identifies patients with CMC who have associated organ-
83 specific autoimmune involvement of endocrine glands and other organs, and an underlying
84 mutation of the *AIRE* gene (Online Mendelian Inheritance in Man - OMIM 240300)
85 (reviewed in [6], [7]. There is surprisingly little data addressing the link between *AIRE*
86 mutations, the associated autoimmunity and the immune defect seen in APECED patients
87 which underlies susceptibility to *Candida* infections [8], [9]. Other subgroups of CMC have
88 also been clinically defined and include patients with associated thyroid disease (OMIM
89 606415), isolated CMC with various modes of inheritance (OMIM 11458, OMIM 212050)
90 and sporadic CMC [4]. In these CMC patients the diagnosis remains clinical, given that a
91 genetic or biochemical marker is not yet available.

92 In recent years a wealth of new knowledge has emerged elucidating the mechanisms
93 involved in protective responses against *Candida* in both mouse and human models [2], [10].
94 Cytokines produced by the innate immune system, in particular IL-12 secreted by dendritic
95 cells (DCs), are crucial for generating a protective Th1 response in mice. However, in striking

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3 96 contrast, patients with inborn errors of the IL-12/IFN γ pathway do not show increased
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5 97 susceptibility to *Candida* or other fungal infections [11], strongly suggesting that our current
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8 98 understanding of immune mechanisms involved in protection against fungi may need
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10 99 reassessment. A newly identified Th-17 pathway, involving IL-6 in the initiation phase and
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12 100 IL-23 in the perpetuation of IL-17 secreting T cells [12], was recently shown to be crucially
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14 101 involved in both human [13], [14] and murine [15] immune responses to *Candida*, and was
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16 102 not identical in mice and men [16].
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20 103 Very little is known about the immune defect underlying increased susceptibility to
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22 104 *Candida* infections in CMC patients. These patients have different clinical diseases and
23
24 105 (known and unknown) genetic defects, but they all demonstrate the same selective
25
26 106 susceptibility to mucocutaneous *Candida* infections, which suggests that they either harbour
27
28 107 the same underlying immune defect or, more likely, have different defects on the same
29
30 108 immune response pathway necessary for protection against *Candida*. Earlier studies both *in*
31
32 109 *vivo* and *in vitro* demonstrated defects in cell-mediated immunity, generally interpreted as
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34 110 disorders of effector T-cell function [4, 17]. More recently, we [18], [19] and others [20]
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36 111 demonstrated dysregulated cytokine production in response to *Candida*, suggesting that the
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38 112 immune defect might be at the level of orchestrating appropriate Th1 (or other?) cytokine
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40 113 responses, rather than the effector T cell level itself.
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46 114 In the current study we investigated DC function in response to *Candida* and non-
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48 115 *Candida* stimuli, to assess if impairment of these central orchestrators of cytokine production
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50 116 (28) could underlie pathogenic disease mechanisms in CMC. Our results demonstrate that
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52 117 DCs from both APECED and non-APECED patients show hyper-responsive cytokine
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54 118 expression profiles following stimulation with LPS, with over-production of IFN γ , IL-2,
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56 119 TNF α , IL-5 and IL-13, as well as impaired DC maturation. Only non-APECED patients
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58 120 showed markedly decreased production of IL-23 and markedly increased production of IL-6
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60 121 specifically in response to *Candida*, suggesting that impairment of the IL-6/IL-23/Th17 axis

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3 122 may underlie defective clearance and susceptibility to *Candida* infections. Thus, both
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5 123 APECED and non-APECED CMC patients have impaired/altered DC function, albeit with
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8 124 different defects, suggesting different pathogenic mechanisms on the same immune response
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10 125 pathway underlying increased susceptibility to *Candida* infection in these patients.
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126 MATERIALS AND METHODS

127 Our study included 29 CMC patients, 13 APECED patients with the *AIRE* gene
128 mutation, 16 non-APECED patients without a detectable *AIRE* gene mutation and 25 age-
129 and-sex-matched healthy controls (Table 1). In unstimulated (immature) and stimulated
130 (mature) monocyte-derived DC (moDC) cultures, we assessed supernatants for secreted
131 cytokines (IL-12p70, IL-23, IFN γ , IL-2, TNF α , IL-6, TGF β , IL-10, IL-5 and IL-13), as well
132 as moDCs cell-surface maturation and activation markers (CD83, CD86 and HLA-DR). Toll-
133 like (TLR) 1-10 and other receptor expression was also studied (data not shown, manuscript
134 in preparation). Monocyte-derived DCs were used as representatives of skin and mucosal
135 myeloid-DCs involved in *Candida* recognition, because obtaining skin biopsies from CMC
136 patients for purely research purposes was unacceptable for ethical reasons.

137 We stimulated moDCs with *Candida albicans* hyphae (CH) rather than yeasts, as
138 several studies suggest that hyphae are the invasive morphotype of *Candida* in clinical
139 infections [21]. With the aim of investigating putative impaired *Candida* binding to DCs, we
140 assessed moDC stimulation with a Toll-like receptor (TLR) ligand 2/6 (MALP2) that
141 selectively engages the same TLRs that are known to bind *Candida* and other yeasts [32].
142 Lipopolysaccharide (LPS) was used as a “positive” non-*Candida* control, in order to assess
143 moDC functionality in response to other potent stimuli. Assessment of additional stimuli was
144 limited by the quantity of blood we could draw from each patient, particularly children.

145 *Generation of monocyte-derived dendritic cells from patient blood*

146 moDC were generated from peripheral blood CD14-positive cells in the presence of
147 IL-4 and GM-CSF. Peripheral blood mononuclear cells were isolated by density
148 centrifugation (LymphoPrep, Axis-Shield, Oslo, Norway) and CD14-positive cells purified by
149 magnetic separation on an LS column following labelling with anti-CD14-coated magnetic
150 beads (Miltenyi Biotec, Bergisch Gladbach, Germany). Monocytes were seeded into 24-well
151 plates at 0.75×10^6 per well in 1ml total volume of RF10 culture media (RPMI-1640 media

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3 152 (BioWhittaker, Lonza Wokingham, UK), supplemented with 10% fetal calf serum (PAA
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5 153 Laboratories, Pasching, Austria), 2mM L-glutamine (Sigma Aldrich, St. Louis, MO) and 1%
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8 154 Penicillin-Streptomycin (Gibco, Carlsbad, CA). 50ng/ml IL-4 and GM-CSF (Immunotools,
9
10 155 Friesoythe, Germany) were added to each well on days 0 and 3. Cells were incubated at 37°C
11
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13 156 with 5% CO₂.

157 *Dendritic cell maturation*

158 On day 6 of the DC culture, immature dendritic cells were activated as follows: no
159 treatment (unstimulated); addition of 1:10,000 final dilution (10mg/L protein content or
160 25x10⁶ cells) of heat-killed *Candida albicans* hyphae (ATCC #18804, Manassas, VA);
161 10ng/ml of the purified TLR2/6 ligand, MALP-2 (Apotech, Epalinges, Switzerland); 1µg/ml
162 of lipopolysaccharide (LPS) (Invivogen, San Diego, CA). Cells or cytokines were harvested
163 after 24h on day 7.

164 *Cytokine analysis*

165 Culture supernatants were harvested 24 hours after activation, and stored at -20°C.
166 Cytokine levels were assessed either by sandwich ELISA or the electrochemiluminescence-
167 based MSD (Meso Scale Discovery, Gaithersburg, MD) immunoassay. IL-12p70, IFN γ , IL-2,
168 IL-5, IL-10 and IL-13 were part of an MSD multiplex Th1/Th2 plate (detection limits for IL-
169 12p70, IFN γ , and IL-10 were 4pg/ml, for IL-2, IL-5 and IL-13, 2pg/ml); IL-6 and TNF α were
170 MSD duplex custom made plates (extra-sensitive, detection limit 3pg/ml for both cytokines);
171 TGF β duoset kit was purchased from R&D Systems (Minneapolis, MN, detection limit
172 20pg/ml) and IL-23 Ready-Set-Go kit from eBioscience (San Diego, CA, detection limit
173 15pg/ml). Cytokine levels were calculated using manufacturer software, given in pg/ml and
174 presented as medians with interquartile ranges (IQR).

175 *Flow cytometry*

176 To assess DC maturation, DCs were harvested 24h after activation and stained for 20
177 minutes on ice with the following antibodies: CD86-FITC, CD83-PE, and HLA-DR-PerCP

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3 178 and appropriate isotype controls (BD Biosciences, San Jose, CA). Stained cells were washed
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5 179 in FACS Wash (1x PBS + 0.1% BSA) and fixed in 1% paraformaldehyde (Sigma Aldrich, St.
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8 180 Louis, MO). All stained cells were acquired using a FACScan (BD Biosciences, San Jose,
9
10 181 CA) equipped with a 488nm laser and a 633nm laser upgrade. Acquired events were
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12 182 analyzed using FlowJo software (Tree Star, Inc., Ashland, OR). Monocyte transformation into
13
14 183 DCs was confirmed by absence of CD14 staining in cultures. Results of DC activation marker
15
16 184 analysis are presented as percentage of positive cells and median fluorescence intensity
17
18 185 (MFI).

186 *Candida albicans*

187 Freeze-dried *Candida albicans* was purchased from American Type Culture
188 Collection (#18804, Manassas, VA) and rehydrated according to the supplier's instructions.
189 To culture the hyphal form, *Candida albicans* was grown in autoclaved 1x broth (67g/L Yeast
190 Nitrogen Base and 10% D-Glucose, Becton-Dickinson, Sparks, MD) at 30°C, heat-killed
191 (pressure cooker for 30 minutes at 120°C), pelleted at 400g for 10 minutes and used in cell
192 cultures at a final concentration of 1:10000, defined as optimal in previous titrations.

193

194 *Subjects*

195 We investigated 29 CMC patients of which 13 APECED patients with the *AIRE* gene
196 mutation, 16 non-APECED patients without a detectable *AIRE* gene mutation and 25 age-
197 and-sex-matched healthy controls (Table 1).

198 **Patients:** we studied 29 patients with Chronic Mucocutaneous Candidiasis (CMC),
199 who were all screened for the two most common *AIRE* gene mutations: p.R257X (nonsense
200 mutation in exon 6) and c.964del13 (13bp deletion in exon 8) either in Huch-Laboratory
201 Diagnostics, Helsinki University Hospital, Finland or Northern Molecular Genetics Service,
202 Institute of Human Genetics, Newcastle Upon Tyne, UK. Thirteen patients (children 3-15
203 years of age, adults 17 – 38) had an *AIRE* gene mutation and the APECED syndrome, of

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3 204 which 9 had the c.964del13 deletion. In the remaining 16 non-APECED patients (children 2-
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5 205 15 years of age, adults 19-47) an AIRE mutation was not detected. All patients were also
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7 206 screened for auto-antibodies to Type 1 interferons (IFNs), shown to be highly specific for
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9 207 APECED patients [33]; these autoantibodies were present in all APECED patients and none
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11 208 of the non-APECED patients and controls.
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15 209 Ten patients in the APECED group, and 9 in the non-APECED group had affected
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17 210 siblings which are all included in this study (maximum 3 patients from any one family). Three
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19 211 non-APECED patients had hypothyroidism, 2 with thyroid peroxidase antibodies. At the time
20
21 212 of sampling, patients did not have other serious infections, were not on systemic antibiotic
22
23 213 treatment or receiving steroids. All patients suffered with recurrent mucocutaneous *Candida*
24
25 214 infection (mouth, nails, skin, oesophagus and perineum). Patients were screened for systemic
26
27 215 autoantibodies including antinuclear factor, smooth muscle, liver-kidney microsomal,
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29 216 mitochondrial and gastric parietal cell antibodies. Organ-specific autoantibodies and/or
30
31 217 endocrinopathy affected parathyroid, thyroid, adrenal cortex, gonads and pancreas.
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33 218 Autoantibodies were evaluated in patients sera using indirect immunofluorescence on
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35 219 commercial rodent tissue (Euroimmune, Lubeck, Germany) for systemic autoantibodies and
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37 220 monkey organ tissue (The Binding Site, Birmingham, UK) for organ-specific autoantibodies.
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39 221 Endocrinopathy was diagnosed if/when there was clinical and laboratory evidence of
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41 222 glandular hypofunction.
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48 223 **Controls:** 25 age-and-sex matched controls were recruited for the study. Adults (19 -
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50 224 55 years of age) were healthy laboratory volunteers, while control children (2 - 16 years of
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52 225 age) were undergoing general anaesthesia for surgery to treat non-infectious causes (eye
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54 226 squints, circumcision, hernia, etc).
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58 227 The number of patients and controls in each experiment may vary, due to the
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60 228 limitation of blood available. Both patients and healthy controls – parents on behalf of
229 children - received verbal and written explanations of the study and signed informed consent

230 forms. Ethical approval was obtained from the Newcastle and North Tyneside Local Research
231 Ethics Committee 1.

232

233 *Statistical analysis*

234 Statistical analysis and graphic presentations were performed using the GraphPad PRISM
235 software package. Average values are presented as medians with inter-quartile ranges (IQR).

236 **P values were calculated using the two-tailed, 95% confidence intervals Mann-Whitney rank
237 sum test for independent, non-parametric data. The level of significance was set at $p < 0.05$.**

238

239 **RESULTS**

240 **Cytokine production by moDCs**

241 *IL-6/IL-23/Th17 axis cytokine production*

242 **IL-6:** one of the most important findings in this study was the selectively increased
243 IL-6 production in non-APECED CMC patients, who demonstrated significantly higher
244 unstimulated IL-6 production compared to both APECED patients and controls, where IL-6
245 levels were mostly undetectable or very low levels (Fig 1a). Importantly, non-APECED
246 patients produced significantly more IL-6 in response to CH and TLR2/6 ligand stimulation
247 compared to both APECED patients and controls (Fig 1a). LPS stimulation resulted in high
248 levels of IL-6 produced in both patient groups, which were on average higher albeit not
249 significantly different compared to controls (Fig 1a). There was no major difference between
250 levels produced by adults and children in any of the groups (data not shown).

251 **IL-23:** impaired production of IL-23 in non-APECED patients was another important
252 finding in our study (Fig 1b). In response to *Candida* stimulation, non-APECED patients
253 produced significantly less IL-23 than controls, whereas this was not the case with APECED
254 patients. The difference was most marked in non-APECED adults ($p=0.035$ compared to
255 controls, data not shown). TLR2/6 stimulation resulted in modest and comparable IL-23

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3 256 increases in all groups (Fig 1b). Interestingly, the non-*Candida* stimulant LPS resulted in
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5 257 huge increases of IL-23 levels in all groups, with both APECED and non-APECED patients
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8 258 producing significantly more IL-23 compared to controls.
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11 12 260 *Th1 cytokine production*

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15 261 **IL-12p70:** production of IL-12p70 in unstimulated cultures was barely detectable in
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17 262 all groups. Stimulation with *Candida* and TLR2/6 ligand resulted in a low but clearly
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19 263 detectable and similar response in all groups (data not shown). The response to LPS was
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21 264 impressively and significantly higher in non-APECED patients (particularly children, data not
22
23 265 shown) compared to levels produced by APECED patients and controls, which were almost
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25 266 identical (Table 2).
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29 267 **IFN γ :** background levels of IFN γ in unstimulated cultures were detectable in all
30
31 268 groups and neither CH nor TLR2/6 increased IFN γ production above unstimulated levels.
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33 269 However, LPS induced IFN γ production in all groups, although significantly more in CMC
34
35 270 patients than in controls (Table 2). Healthy children produced less IFN γ than healthy adults,
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37 271 although this was not statistically significant (data not shown).
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41 272 **IL-2:** this cytokine was produced only with LPS stimulation and non-APECED
42
43 273 patients interestingly produced significantly more IL-2 than controls (Table 2).
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47 48 49 275 *Inflammatory cytokine production*

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51 276 **TNF α :** high unstimulated production was seen in both APECED and non-APECED
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53 277 patients, compared to controls where it was mostly undetectable or low. Following CH and
54
55 278 TLR2/6 ligand stimulation, all groups responded to a similar degree, but in response to LPS,
56
57 279 APECED and non-APECED patients produced significantly more TNF α compared to
58
59 280 controls (Table 2).
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3 281 *Anti-inflammatory cytokine production*
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5 282 **TGFβ:** production of this cytokine was not enhanced and remained close to baseline
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8 283 in both patients and controls (data not shown). Assessment of mRNA levels yielded similar
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10 284 results (unpublished data).
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15 286 *Th2 and Th2-inducing cytokine production*
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17 287 **IL-10, IL-5 and IL-13:** CH and TLR2/6 did not stimulate production of these
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19 288 cytokines by moDCs. LPS increased production of IL-10 to low and comparable levels in all
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21 289 groups, while LPS-stimulated IL-5 and IL-13 production was markedly higher in APECED
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23 290 and non-APECED patients than in controls (Table 2).
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29 292 *Cytokine plasma levels*
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31 293 **IL-6, TNFα and TGFβ plasma levels:** levels of IL-6 and TNFα in plasma for all
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33 294 groups studied were mostly low or undetectable, while TGFβ levels were detectable and
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35 295 significantly higher in APECED and non-APECED patients than in controls (data not shown).
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41 297 **DC activation markers**
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43 298 **CD83**
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46 299 For CD83, we present only findings in children, where the differences were most marked.
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49 300 Percentages of CD83+ cells in unstimulated cultures were comparable between patients and
50
51 301 controls (Fig 2A). In response to CH and TLR2/6 ligand stimulation, APECED and non-
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53 302 APECED children had markedly lower percentages of CD83+ cells than controls (Fig 2A).
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55 303 Following LPS stimulation, the trend was the same but did not reach statistical significance
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57 304 (Fig 2A). In adults, the percentages of CD83+ cells were not significantly different between
58
59 305 the groups for any of the stimuli used (data not shown).
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3 306 MFI levels of CD83 in unstimulated DC cultures were low and comparable in all groups (Fig
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6 307 2B). In response to stimulation with CH and TLR2/6 ligand, APECED and non-APECED
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8 308 children up-regulated CD83 to a significantly lesser degree than controls. LPS increased
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10 309 CD83 expression in all groups; this was again to a lesser degree in APECED and non-
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12 310 APECED children than in controls, albeit not statistically significant (Fig 2B). CD83
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15 311 expression in adults did not differ between groups (data not shown).
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19 **CD86**

20 313 Percentages of CD86+ cells in unstimulated cultures were significantly higher in APECED
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22 314 patients compared to controls (Fig 3A). Following stimulation with CH and TLR2/6 ligand,
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24 315 the percentage of CD86+ cells in APECED patients increased significantly compared to both
25
26 316 controls and non-APECED patients. In contrast, percentages of CD86+ cells in non-APECED
27
28 317 patients remained similar to control levels throughout. LPS stimulation resulted in almost all
29
30 318 cells expressing CD86 in all individuals (Fig 3A).
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32 319

33
34 320 MFI levels of CD86 in unstimulated cultures were significantly higher in APECED patients
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36 321 compared to controls. Following stimulation with CH and TLR2/6 ligand, CD86 MFI levels
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38 322 in APECED patients were significantly higher compared to controls, whereas MFI levels in
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40 323 non-APECED patients also increased but not significantly (Fig 3B). Stimulation with LPS
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42 324 resulted in higher CD86 MFI in both APECED and non-APECED compared to controls (Fig
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44 325 3B).
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46 326

47 **HLA-DR**

48 327 Percentages and MFI of HLA-DR+ cells after stimulation by CH, TLR2/6 and LPS were not
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50 328 statistically different between groups (data not shown)
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53 **DISCUSSION**

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3 331 We demonstrate for the first time that both APECED and non-APECED CMC patients
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5 332 have impaired DC function, implying that this may be the pathogenic mechanism underlying
6
7 333 increased susceptibility to *Candida* infection in these patients. Importantly, although some
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9 334 DC defects were common for both patient groups, other defects were unique, suggesting
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11 335 different pathogenic mechanisms on the same immune response pathway, resulting in a
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13 336 similar phenotype of increased susceptibility to *Candida* infection.
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17 337 Our most important finding was the *Candida*-specific decreased IL-23 and increased
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19 338 IL-6 production seen only in non-APECED patients, implicating impairment of the IL-6/IL-
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21 339 23/IL-17 axis as the mechanism underlying defective clearance of *Candida* in these patients.
22
23 340 In contrast, only APECED patients showed DC hyper-activation, which may underlie altered
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25 341 T-cell responsiveness leading to autoimmunity as well as impaired cell-mediated responses to
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27 342 *Candida*. Both APECED and non-APECED patients demonstrated LPS-induced cytokine
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29 343 hyper-production (IFN γ , IL-2, TNF α , IL-5, IL-13) and impaired DC maturation.
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32 344 It is currently believed that protective immunity to *Candida* in both mice and humans
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34 345 is highly dependent on the IL-12 initiation of a protective Th1 response, and there is ample
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36 346 evidence supporting the role of DCs as master orchestrators of this scenario [10]. DCs
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38 347 phagocytose *Candida* yeasts leading to production of Th1 cytokines (IL-12), while the β -
39
40 348 glucan receptor Dectin-1 and Toll-like receptor (TLR) 2 collaborate to trigger phagocytosis
41
42 349 and secretion of IL-12 and TNF α . In contrast, *Candida* hyphae stimulate production of Th2
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44 350 cytokines (IL-4 and IL-10) and are poor stimulators of IL-12 production. In our study, the low
45
46 351 IL-12 produced in both patients and controls, was likely due to stimulation with the hyphal
47
48 352 rather than the yeast *Candida* morphotype. This is consistent with our previous work [19]
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50 353 where we also found low/undetectable IL-12 production in CMC patients. A recent study
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52 354 demonstrated that rather than IL-12, hyphae induce IL-23 (see below), which plays a key role
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54 355 in the differentiation of Th17 cells [22]. Fungal triggering of TLRs on DCs is now known to
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56 356 be of paramount importance, with TLR4 implicated in triggering Th1-inducing cytokines (IL-

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3 357 12) and TLR2 in initiating the Th2 cytokine cascade (IL-4, IL-5) [2]. Our own results (in
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5 358 preparation), demonstrate that stimulated mRNA expression of TLR1-10 and Dectin-1 in the
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7
8 359 same moDCs as used in this study, differs compared to healthy controls. The high IL-12
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10 360 levels produced by non-APECED patients in response to LPS in this study, suggest poor
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12 361 control i.e. dysregulation of IL-12 production. Notably, under the same circumstances
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14 362 APECED patients did not show any abnormalities of IL-12 production.

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17 363 The current belief that the IL-12/IFN γ axis is central for generating protective
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19 364 immunity to fungi is crucially questioned by the fact that patients with inborn errors of this
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21 365 pathway do not demonstrate increased susceptibility to *Candida* or other fungal infections
22
23 366 [11], suggesting that other cytokine pathways may be the main players (see below). Indeed,
24
25 367 the role of IFN γ in murine models of candidiasis has been controversial [10], while in CMC
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27 368 patients, the effects of IFN γ treatment have been disappointing [23].

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30 369 A new and significant finding in our study, was that non-APECED CMC patients
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32 370 produced markedly less IL-23 in response to *Candida* stimulation compared to controls,
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34 371 which was not seen in APECED patients. The importance of IL-23 in the generation of
35
36 372 interleukin 17-producing T helper (Th-17) cells, initiated by the effect of IL-6 and IL-1 on
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38 373 newly primed CD4 T cells in humans (IL-6 and TGF β in mice), with IL-23 required for
39
40 374 further Th-17 expansion was recently recognised [12]. IL-23 receptor-ligand interaction
41
42 375 activates the human signal transducer and activator of transcription 3 (*STAT3*) gene, resulting
43
44 376 in binding of IL-17A and IL-17F promoters [12]. Th-17 cells were reported to be
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46 377 preferentially induced by fungal binding and signalling through Dectin-1 [15]. It was also
47
48 378 demonstrated that in humans *Candida albicans* specific T memory cells have a Th-17
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50 379 phenotype and chemokine receptor expression pattern indicative of mucosal homing [13, 14].
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52 380 In light of these findings, the low levels of IL-23 produced by non-APECED CMC patients in
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54 381 response to *Candida* stimulation could translate into an inability to mount and sustain an anti-
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56 382 fungal Th17 response resulting in impaired clearance of *Candida* in vivo, which is currently
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3 383 under investigation by our group. Interestingly, stimulation of IL-23 production by TLR2/6
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5 384 ligand and LPS was comparable in all groups, suggesting that the defect in IL-23 production
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8 385 in non-APECED CMC patients is *Candida*-specific and may be at the level of *Candida*
9
10 386 recognition, which is known to simultaneously involve multiple receptors and signalling
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12 387 pathways activated by *Candida*, but not engaged by other stimuli (e.g. TLRs, Dectin-1 and 2,
13
14 388 complement receptors, mannose receptor etc) [13].

17 389 A crucial finding in our study is the markedly increased production of IL-6 by non-
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19 390 APECED CMC patients, specifically in response to *Candida* and *Candida*-like ligands, but
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21 391 not to LPS. It has been reported that mice deficient in IL-6 demonstrate increased
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23 392 susceptibility to systemic candidiasis [24], while newer studies demonstrate a crucial role for
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25 393 IL-6, together with TGF β or IL-1 in the initiation of Th17 cells [12]. Recently [25], in a
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27 394 model of experimental autoimmune encephalomyelitis (EAE) it was demonstrated that
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29 395 stimulation of myelin-reactive Th17 cells by IL-6 and TGF β alone leads to IL-17 production
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31 396 but abrogates their pathogenic role, due to co-expression of IL-10. In contrast, stimulation of
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33 397 Th17 by IL-23 leads to IL-17 production in the absence of IL-10, leading to inflammation. In
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35 398 our CMC patients, there is clearly a defect in IL-23 production together with elevated IL-6. It
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37 399 seems this could similarly lead to IL-17 and IL-10 production by T cells, which might
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39 400 suppress the ability to clear the pathogen. Indeed, although moDCs in this study did not
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41 401 produce high IL-10 levels, our previous studies demonstrated very high IL-10 production by
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43 402 *Candida* stimulated whole-blood cultures in CMC patients [18].

50 403 An alternative way that IL-6 could influence susceptibility to *Candida* infections in
51
52 404 CMC patients would be through its effect on T regulatory cells. It was reported that TLR
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54 405 activation of DCs abrogated the suppressive effects of CD4⁺CD25⁺ T regulatory cells
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56 406 partially due to the effect of DC-produced IL-6 on responder T cells [26]. Recently, a direct
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58 407 blocking effect of IL-6 on the *de novo* induction of adaptive T regulatory cells in mice has
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60 408 also been reported [22]. High IL-6 levels seen in non-APECED patients could abrogate the

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3 409 suppressive effects of T regulatory cells, which could explain the cytokine hyper-production
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6 410 in response to LPS (IL-12, IL-23, IFN γ , IL-2, TNF α , IL-5, IL-13). As opposed to this, in
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8 411 APECED patients, the hyper-production in response to LPS (IFN γ , IL-2, TNF α , IL-13) could
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10 412 also be due to impaired T regulatory cell numbers and/or function, albeit not involving IL-6 as
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12 413 was indeed reported by us [27] and confirmed by others [28]. The resulting dysregulation of
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14 414 cytokine production could undermine an efficient immune response needed to clear the
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16 415 *Candida* infection in CMC patients.
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20 416 An important and novel finding in this study was impaired moDC maturation in young
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22 417 APECED and non-APECED patients, as evidenced by low CD83 percentages and MFI
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24 418 expression on moDCs. CD83 is a well-recognised marker of DC maturation, and is
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26 419 upregulated on moDCs together with co-stimulatory molecules CD80 and CD86 [29],
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28 420 implying that expression of CD83 is crucial in regulating the development of cellular
29
30 421 immunity. It is tempting to hypothesise that this may be of major importance in understanding
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32 422 impaired immunity to *Candida* in CMC patients, and is the first evidence of a DC
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34 423 maturational defect in CMC patients. Our data on defective TLR mRNA downregulation in
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36 424 the same moDCs also suggests impaired DC maturation (in preparation). It is intriguing that
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38 425 this defect is seen only in children and not adults with CMC, suggesting that the immune
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40 426 system gradually overcomes or compensates this defect. Interestingly, APECED (but not non-
41
42 427 APECED) patients demonstrated a higher percentage and MFI of CD86+ moDCs after
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44 428 stimulation with CH and TLR2/6, suggesting more of their DCs become activated when
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46 429 exposed to *Candida* antigens. This may be linked to the ongoing *Candida* infections *in vivo* as
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48 430 *Candida* hyphae have generally been reported to increase expression of co-stimulatory
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50 431 molecules and MHC class II on DCs [21], [10]. Activation of DCs without maturation may
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52 432 render these cells efficient in phagocytosing *Candida* antigens but less inefficient in antigen
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54 433 presentation and activation of T cell responses. Altered DC activation in APECED patients
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3 434 may underlie aberrant T-cell responsiveness leading both to autoimmunity as well as to
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5 435 impaired cell-mediated responses, resulting in increased susceptibility to *Candida* infections.
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8 436 Taken together, our findings strongly suggest that both APECED and non-APECED
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10 437 CMC patients have impaired/altered DC function, albeit with different defects on the same
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12 438 immune response pathway necessary for protection against *Candida*, and that this impairment
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14 439 may be the pathogenic mechanism underlying increased susceptibility to *Candida* infection in
15
16 440 these patients. In APECED patients, we demonstrate impaired DC maturation and hyper-
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18 441 activation, which may underlie increased T-cell responsiveness (also previously demonstrated
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20 442 by others [9]), leading to autoimmunity and impaired handling of *Candida*. As opposed to
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22 443 this, in non-APECED patients, the DC defect is likely at the level of DC cytokine secretion,
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24 444 with inadequate production of IL-23 and an overproduction of IL-6, which together leads to
25
26 445 an inefficient IL-17 response. In non-APECED patients the gene defect is not known, but the
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28 446 degree of cytokine dysregulation is reminiscent of findings in the “classical” hyper-IgE
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30 447 syndrome, where it was recently reported that the underlying defect is a mutation in the
31
32 448 human *STAT3* gene, which is activated in response to IL-23 (see above) as well as to a wide
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34 449 variety of cytokines and growth factors, resulting in dysregulation of multiple cytokines [30].
35
36 450 Elucidating the immune defect(s) in APECED and non-APECED CMC patients is of
37
38 451 paramount significance not only because of the obvious implications for patient management,
39
40 452 but because these conditions are prime examples of recently defined “non-conventional”
41
42 453 primary immune deficiencies [31], which are characterised by a narrow spectrum of specific
43
44 454 infections usually limited to one microbe (in this case *Candida*) as a consequence of inborn
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46 455 errors of immunity. Dissection of underlying mechanisms in diseases such as CMC
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48 456 contributes to the understanding of fundamental pathways in immunity.
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4

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29 468 Newcastle University, for help with data analysis.
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Pre-Review

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3 559 **FIGURE LEGENDS**

4
5 560 **FIGURE 1. Non-APECED patients produce very high IL-6 but low IL-23 levels in**
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7 **response to *Candida*-specific stimuli.** Immature moDCs from patients and controls were
8
9 either left unstimulated or treated with *Candida albicans* hyphae, a specific TLR2/6 ligand or
10 562
11 LPS. Culture supernatants were collected at 24h and measured by MSD multiplex assay for
12 563
13 detection of IL-6 or ELISA for detection of IL-23. Note log scale for LPS. **The level of**
14 564
15 **significance was set at $p < 0.05$.** Average values are presented as medians with inter-quartile
16 565
17 ranges (IQR). **(A) Increased production of IL-6.** Detection limit (----) was 3pg/ml. **(B)**
18 566
19 **Decreased production of IL-23.** Detection limit (----) was 15pg/ml.
20 567
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27 569 **FIGURE 2. Impaired upregulation of CD83 in both APECED and non-APECED**
28
29 **children in response to *Candida albicans*.** Immature moDCs were cultured overnight with
30 570
31 either the hyphal form of *Candida albicans*, a specific TLR2/6 ligand, LPS or were left
32 571
33 untreated. After 24h, moDCs were harvested, stained with anti-CD83-PE, and analyzed by
34 572
35 flow cytometry for CD83 expression. **The level of significance was set at $p < 0.05$.** Average
36 573
37 values are presented as medians with inter-quartile ranges (IQR). **(A) Percentage of cells. (B)**
38 574
39 **Median fluorescence intensity (MFI).**
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46 577 **FIGURE 3. moDCs from APECED patients express higher CD86 levels than controls.**

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48 578 Immature monocyte-derived DCs were cultured overnight with either the hyphal form of
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50 579 *Candida albicans*, a specific TLR2/6 ligand, LPS or were left untreated. After 24h, DCs were
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52 harvested, stained with anti-CD86-FITC, and analyzed by flow cytometry for CD86
53 580
54 expression. **The level of significance was set at $p < 0.05$.** Average values are presented as
55 581
56 medians with inter-quartile ranges (IQR). **(A) Percentage of cells. (B) Median fluorescence**
57 582
58 **intensity (MFI). Note log scale.**
59
60 583

584 **Table 1. Patients and Controls**

	Total	Adults	Children	Autoantibodies		Endocrinopathy
				Organ-specific	Systemic	
PATIENTS						
APECED	13	5 (1M 4F)	8 (6M 2F)	7	4	10
Non-APECED	16	7 (2M 5F)	9 (5M 4F)	2	5	3
Total	29	12	17	9	9	13
CONTROLS	25	12 (4M 8F)	11 (5M 6F)			

585 Numbers in boxes denote numbers of patients and age-matched controls in specified groups.

586 Autoantibodies were evaluated in patients sera using indirect immunofluorescence on

587 commercial rodent tissue for systemic autoantibodies and monkey organ tissue for organ-

588 specific autoantibodies. A diagnosis of endocrinopathy was based on routine clinical and

589 laboratory criteria. M = male, F = female

590

591 **Table 2. LPS-stimulated cytokine hyper-production in APECED and non-APECED**
 592 **patients**
 593

pg/ml	APECED	Non-APECED	CTRLS#	APECED	Non-APECED	CTRLS
	UNSTIMULATED			LPS		
IL-12p70	7[▲] (6-8)	7 (4-8)	4 (4-5)	291 (73-1583)	1112** (570-2623)	292 (13-861)
IFNγ	93 (84-114)	97 (98-115)	87 (82-101)	130* (101-146)	141* (115-165)	102 (83-118)
IL-2	27 (25-31)	26 (25-29)	25 (23-28)	32* (29-43)	37** (33-44)	29 (23-33)
TNFα	47* (14-89)	56** (32-84)	1 (1-22)	6555* (5233-9692)	5456* (4019-9596)	3568 (928-6618)
IL-10	38 (35-41)	39 (35-42)	37 (32-44)	73 (49-98)	78 (61-148)	65 (50-100)
IL-5	11 (9-12)	11 (10-12)	9 (8-13)	15 (12-20)	17** (13-21)	12 (11-15)
IL-13	3 (3-4)	3 (3-4)	2 (2-3)	5 (4-7)	6 (3-7)	3 (2-4)

594 Immature moDC were stimulated with LPS or left unstimulated. After 24h, cytokine levels in
 595 culture supernatants were analyzed by MSD multiplex assay. Detection limits for each
 596 cytokine are given in section "Materials and Methods". #CTRLS - healthy controls;

597 [▲] = medians (interquartile ranges); *p<0.05, **p<0.01 compared to controls.
 598

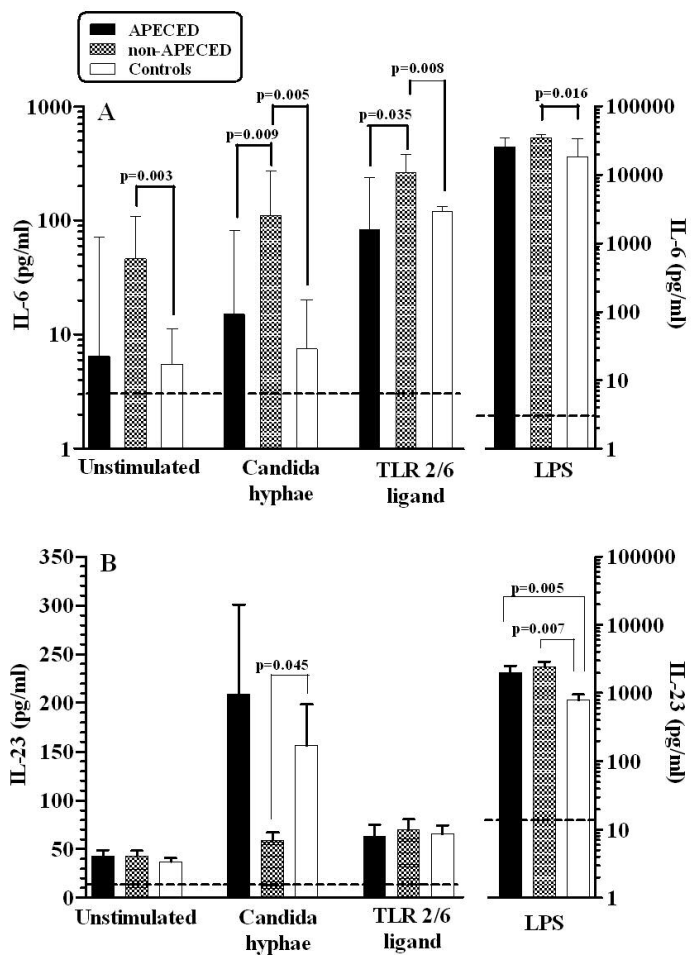


Fig 1

83x123mm (300 x 300 DPI)

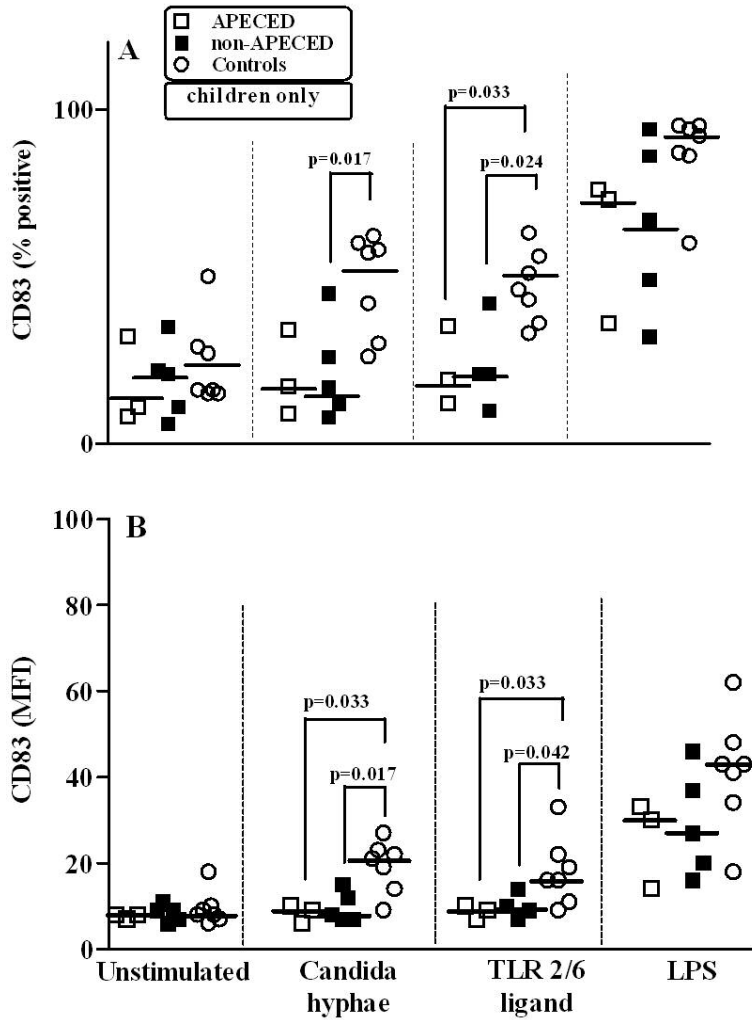


Fig 2

78x108mm (300 x 300 DPI)

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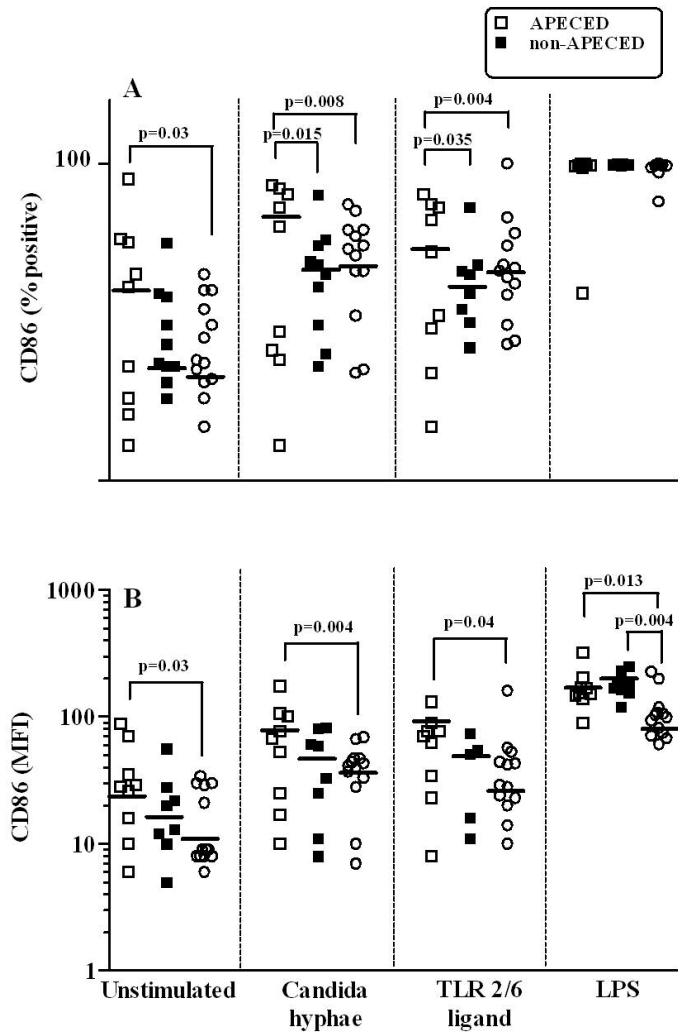


Fig 3

80x123mm (300 x 300 DPI)