

1 **Behavior of micropollutants in polishing units that combine sorption and**
2 **biodegradation mechanisms to improve the quality of activated sludge effluent**

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21 **Abstract**

22 The current study evaluated the removal of six micro pollutants (Estrone (E1); 17 β -estradiol (E2);
23 17 α -ethynylestradiol (EE2); Ibuprofen (IBP), Diclofenac (DCF) and Paracetamol (PCT)) from
24 the final effluent of an activated sludge domestic sewage treatment plant using polishing filters. Four
25 polishing filters were assembled as columns and filled with a mixture of sand and vermiculite, sand
26 and charcoal, sand and granulated activated carbon (9:1 by volume) and sand only. The column filters
27 were placed near the outlet of a full-scale activated sludge treatment plant and were fed with a treated
28 effluent containing from 4.71 ng/L to 28.93 ng/L of the target compounds at a hydraulic loading rate
29 (HLR) of 50 m³.m⁻².d⁻¹. Samples were collected periodically from the influent (biologically treated
30 sewage) and effluent of the four columns and analysed for estrogens, anti-inflammatories and
31 analgesic compounds. Liquid samples were submitted to a solid phase extraction (SPE) and analysed
32 by gas chromatography coupled with mass spectrometry after their derivatization. Among the
33 compounds found, Diclofenac was distinguished by the high occurrence of detection in the samples
34 (85%) and higher mean concentration (~17ng.L⁻¹). High removal efficiency (>90%) of the estrogens
35 was observed in the polishing systems studied, whilst for the other targets, the removal efficiency
36 varied from 10% to 30%. Observe that the compounds concentrations were low, maybe this fact is
37 because the rainfall in the collect period.

38 **Keywords**

39 Activated sludge, Endocrine disrupters, Pharmaceuticals, Polish Unit and Post treatment.

40 **1 – Introduction**

41 In last decades the presence of micro pollutants in the aquatic environment has become an
42 environmental concern (Luo et al. 2014), since the large development of industries and cities
43 has resulted in the production and discharge of chemical compounds into the water streams
44 (Bolong et al. 2009). Micro pollutants are segregated in six major categories:

45 pharmaceuticals, personal care products, steroid hormones, surfactants, industrial chemicals
46 and pesticides (Luo et al. 2014). Within these categories there are numerous subclasses that
47 make up a range of existing micro pollutants. Among them it is possible to highlight the
48 appetite regulators, anticonvulsant, antibiotics, β -blockers, anti-inflammatories, fragrances,
49 sunscreens, repellents, estrogens, xenoestrogens, plastic constituents, non-ionic surfactants
50 and insecticides (Benfenati et al. 2003). In this article it is analysed the behavior of hormones
51 (estrogens) and pharmaceuticals (anti-inflammatory) in filtration units for the post-treatment
52 of activated sludge effluent. These contaminants have been found in concentration ranging
53 from ng.L^{-1} to $\mu\text{g.L}^{-1}$ in domestic and industrial effluents (Durhan et al. 2006), surface water
54 and groundwater (Fernandez et al. 2007), in sediments and even in drinking water (Petrović et
55 al. 2003). There are many inputs of these compounds into the environment, but the discharge
56 of sanitary effluents (raw and treated) are known to be one of the most significant pathways
57 (Tan et al. 2007).

58 The occurrence of some micro pollutants in trace concentrations in the aquatic environment
59 has been frequently associated with increased incidence of cancer (Fent et al. 2006),
60 endocrine disruption (caused by endocrine disrupters compounds – EDC) and resistance of
61 microorganisms to antibiotics (Pruden et al. 2006). Studies conducted in the 1990s in
62 Denmark showed that with prolonged exposure to estrogens, adult males had a decline in
63 fertility due to deterioration in the quality of their semen (Carlsen et al. 1992). Another study
64 confirmed the appearance of cancer in the reproductive system of daughters of women who
65 used diethylstilbestrol (a non-steroidal estrogen) in pregnancy (Nakada et al. 2006). A classic
66 example involving contamination by xenoestrogens occurred in the USA (Birkett and Lester,
67 2003). In this case researchers realized the decrease of crocodiles in the lake Apopka in the
68 1980s.

69 Environmental sinks for the micro pollutants are: volatilization, photo and chemical
70 degradation, biological degradation and sorption (adsorption or absorption) (Cirja et al. 2008).
71 Within a sewage treatment plant (STP), numerous units use these mechanisms to promote the
72 treatment of raw sewage. Thus, a small amount of micro pollutants is occasionally removed in
73 these units, although there is no general rule for the pathways (Luo et al. 2014). This is
74 because the mechanisms responsible for the removal of this type of compounds depends on
75 their physicochemical properties, the wastewater matrix, and the STP design and operational
76 parameters (HLR, sludge age, temperature and pH) (Liu et al. 2015). According to the above
77 pathways, (Cirja et al. 2008; Luo et al. 2014) showed the potential for the micro pollutants
78 removal by using filters with activated carbon – AC (granular or powdered), advanced
79 oxidative processes (AOP), membrane bioreactors and filters that provide the growth of a
80 biofilm adhered to the packing media (bioactive). However, AC, AOP and membrane
81 bioreactors are relatively expensive and have a more complex operation (Mahamuni and
82 Adewuyi 2010), which makes them difficult to implement in small STP (Mulder et al. 2015).
83 On the other hand, units that have a bioactive packing media provide satisfactory biological
84 removal of the micro pollutants at low implantation and operation costs (Margot et al. 2015;
85 Paredes et al. 2016; Zorita et al. 2009)

86 Despite the promising performance of the bioactive filters for micro pollutants removal,
87 efforts to make a cost-effective technology are still needed since better efficiency on micro
88 pollutant removal should be sought using low cost materials. To overcome the technology
89 development challenges, it is considered here the use of novel packing media designed for the
90 conjugation of both adsorption and biological degradation mechanisms, by using bioactive
91 beds (sand) and low-cost adsorbent media. This hypothesis was based on the premise that a
92 packing media that provides adhered growth and at the same time sorption of the micro

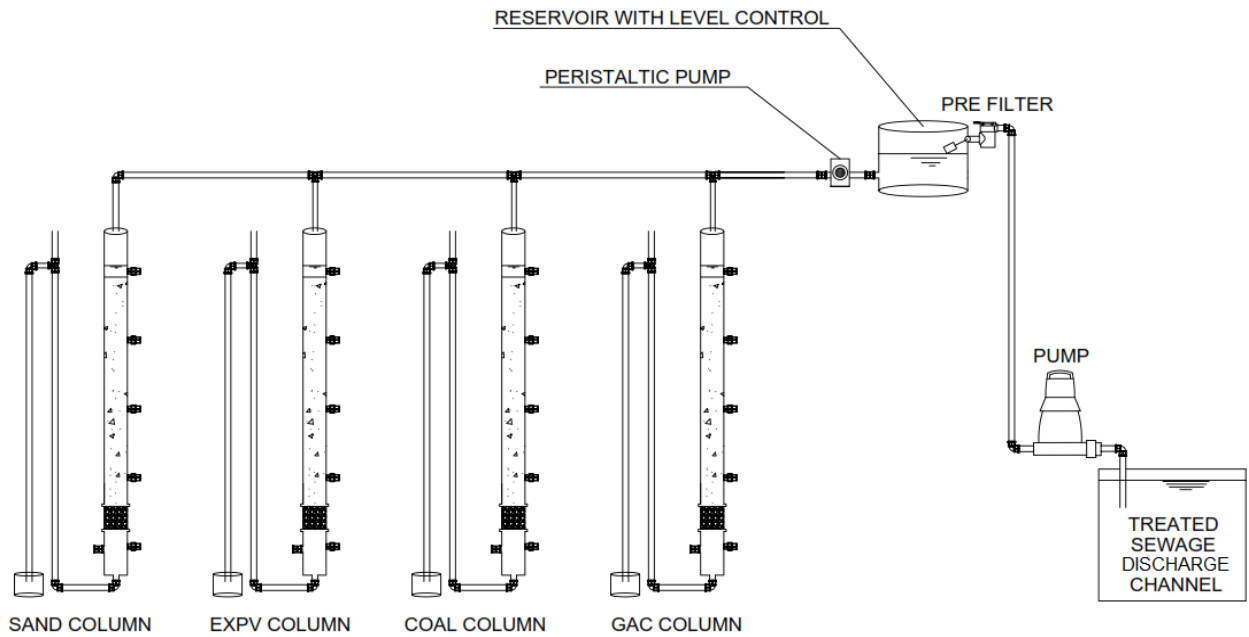
93 pollutants may increase the bioavailability of the target compounds in the biofilm and,
94 consequently, their biodegradation rates.

95 Thus, this study, unlike others published in the literature, has focused on evaluating the
96 removal of 3 estrogens, 2 anti-inflammatories and 1 analgesic in polishing units that aggregate
97 sand for the most part, with inexpensive materials such as vermiculite or charcoal.

98 **2 - Material and Methods**

99 **2.1. Experimental apparatus features and operation**

100 The experimental apparatus is represented in the schematic drawing of Figure 1. The system
101 was composed of a centrifugal pump (Schneider®, BCR-2001), a plastic pre-filter (number 2
102 gravel and 2 mm stainless steel mesh), a reservoir (1,000 L in polyvinyl chloride), a peristaltic
103 pump with independent channels (Provitec®) and four Plexiglas columns (polishing units, as
104 detailed Figure 1). The experimental apparatus received the treated effluent from a
105 conventional activated sludge STP. The STP is designed for a flow rate of $4.5 \text{ m}^3 \cdot \text{s}^{-1}$ and is
106 located in Belo Horizonte, Brazil (coordinates $19^\circ 53' 42''$ S and $43^\circ 52' 42''$ W, 800 m of
107 altitude).



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Figure 1. The experimental apparatus

110 Each Plexiglas column (height = 1.5 m, internal diameter = 0.096 m) was packed with
 111 different filter media (30 cm high) and all of which were placed on a layer (30 cm high) of a
 112 mixture of number 1 and number 2 gravels. The filter media were chosen to provide the
 113 column gains in terms of specific surface area and, hence, a greater attachment of the target
 114 contaminants, which could enhance their bioavailability and biodegradability.

115 One column was packed with only sand (control column); the second one was packed with a
 116 mixture of sand and expanded vermiculite (ExpV) in the proportion of 9:1 on a volumetric
 117 basis. This proportion was chosen through adsorption tests performed on small scale columns.
 118 The same proportion was used for the third and fourth columns, which had as packing media
 119 sand with non-activated charcoal (Coal) or sand and granular activated carbon (GAC),
 120 respectively. Henceforth, the packing media will be referred only by the fractions that
 121 distinguish the four used materials (Sand, ExpV, Coal, and GAC).

122 The columns operated continuously for two months at an HLR of $50 \text{ m}^3\cdot\text{m}^{-2}\cdot\text{d}^{-1}$,
123 corresponding to a flow rate $0.33 \text{ m}^3\cdot\text{d}^{-1}$ for each column, respectively. For the growth and
124 stabilization of the biofilm within the columns, the system operated for 15 days
125 uninterruptedly before sampling began. From the 15th day, the system was sampled
126 systematically for 30 days with collections made on average 2 times per week. The time of 15
127 days was established by monitoring the apparent biofilm formed on the walls of the polishing
128 columns. Moritz et al. 2010, showed that 14 days are enough for the growth and ripening of
129 bacteria such as *Pseudomonas* sp. in biofilter. These bacteria according to Liang et al. 2012
130 are linked to the degradation of emerging contaminants, especially estrogens. Furthermore,
131 the columns biofilm stabilization can be confirmed by the little variation of the COD
132 measured (view in complementary material) in the system sampling period during the system
133 operated period of 30 days.

134 **2.2 Analytical methods**

135 The target compounds have been defined based on the literature and considering the
136 following attributes: occurrence in similar matrices (treated domestic effluents) (Bila and
137 Dezotti 2007; Brandt et al. 2013; Ghiselli and Jardim 2007; Luo et al. 2014), effects on health,
138 (Radjenović et al. 2009; Siegrist et al. 2005) concerns about regulation and the technical
139 feasibility of the analytical method used. Under these conditions, six compounds including
140 pharmaceuticals and EDC were chosen: Estrone (E1); 17β -estradiol (E2); 17α -
141 ethynylestradiol (EE2); Ibuprofen (IBP), Diclofenac (DCF) and Paracetamol (PCT).

142 2.2.1. Sample preparation and collection

143 To evaluate the occurrence of the target compounds after the STP as well as the level of
144 removal of these compounds in the polishing system, liquid grab-samples (1 L each) of the
145 effluent from the STP (influent of the polishing columns) and the effluent of each column

146 were taken between 8:00 am and 10:00 am in 10 different days for each operational period
147 (30 days), making a total of 50 samples throughout the entire experiment. The rainfall in
148 sampling period were presented in supplementary materials. These samples were used both
149 for analysis of the target micro pollutants and for physical-chemical analysis as described
150 below.

151 All target micro pollutants were concentrated using solid phase extraction (SPE) and analyzed
152 by gas chromatography coupled to mass spectrometry (GC–MS) after a derivatization
153 procedure. Aliquots of 200 mL were taken from the grab samples and filtered in glass fiber
154 filters with nominal retention capacity of 0.7 μm (Macherey-Nagel®, GF-3). Filtration and
155 SPE were performed immediately after collection, with no storage of samples. SPE procedure
156 was adapted from USEPA Method 1694 as described elsewhere (Sanson et al. 2014). The
157 remaining sample aliquots were used for analyzes of chemical oxygen demand (COD),
158 suspended solids, pH, temperature and dissolved oxygen (DO). These analyzes were carried
159 out in accordance with Standard Methods (APHA, 2012).

160 2.2.2. Solid phase extraction - SPE

161 For the SPE two specific cartridges, Strata SAX® (500 mg) and Strata X® (500 mg), both of
162 Phenomenex brand, were used to clean samples, eliminate interfering compounds, and
163 concentrate the target compounds. Filtered aliquot samples had the pH adjusted to 2.0 ± 0.5
164 with HCl and then received 50 mg of Ethylenediaminetetraacetic acid (EDTA). After that, the
165 sample rested for two hours at ambient temperature. SPE was carried out in parallel for each
166 specific cartridge, using 100 mL of each aliquot sample per cartridge. The cartridges used
167 were preconditioned with 10 mL of methanol, 10 mL of ultrapure water and 6 mL of ultrapure
168 water acidified with HCl (pH 2.0) in this order. Castro 2017 shows in detail the assembly used
169 for SPE. For the recovery of the target compounds, Strata SAX cartridges were eluted with 10

170 mL of ethyl acetate and the Strata X cartridges (previously cleaned as 10 mL of ultrapure
171 water) were eluted with 10 mL of methanol and 6 mL of a mixture methanol and acetone
172 (1:1). The extracts were collected and evaporated with nitrogen gas flow until they reached 1
173 mL volume. The evaporated extracts were transferred to vials and the contents inside the vials
174 were completely dried with gaseous nitrogen flux and frozen for further analysis by GC/MS.

175 2.2.3 Gas chromatography coupled with mass spectrometry

176 For GC/MS analyses, derivatization was done by the addition of BSTFA (trifluoroacetamide)
177 + 1% TCMS (trimethylchlorosilane) into glass vials. GC/MS analyses were performed using a
178 GCMS-QP2010 plus equipment (Shimadzu®) and the injection was done in splitless mode.
179 Injection time and temperature were set in 0.5 min and 280 °C. The carrier gas was helium
180 with a linear velocity of 45 cm.s⁻¹ and a pressure of approximately 90.7 kPa. The Rtx-5MS
181 column (30 m × 0.25 mm × 0.25 mm) was used. The initial oven temperature was set as 50 °C
182 by 1 min and then increased for 100 °C in a gradient of 25°C.min⁻¹. In sequence, the
183 temperature was increased to 300°C by 5 min in a gradient of 15°C.min⁻¹. The gas flowrate
184 through the column was 1.54 mL.min⁻¹. Temperature for the MS ionization source was set at
185 250 °C (interface = 280 °C) and the mass analyzer voltage was set at 1.3 kV with a total time
186 analysis of 21.33 min. The methodology employed was duly validated and some validation
187 parameters are depicted in Table 1.

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192 Table 1: Validation parameters for the method used to analyse the selected micro pollutants.

Compound	Linearity (R ²)	LOD (ng.L ⁻¹) ^a	LOQ (ng.L ⁻¹) ^a	Recovery Index (%)
Estrone (E1)	0.9903	2.66	8.88	34.3
17β-estradiol (E2)	0.9977	3.68	12.28	36.4
17α-ethynylestradiol	0.9968	6.06	20.19	32.5
Ibuprofen (IBP)	0.9893	1.36	4.53	79.8
Diclofenac (DCF)	0.9576	3.58	11.94	60.0
Paracetamol (PCT)	0.9917	1.03	3.44	60.7

193 . ^aLOD and LOQ refer to the method limits of detection and quantification, respectively, and were calculated
 194 considering the signal-to-noise ratio method (S / R = 3 for LD and S / R = 10 for LQ), a concentration factor of
 195 250, and the estimated recovery index.

196 2.3 Data statistical analysis

197 In order to perform the statistical analysis, Statistica 10.0[®] software was used. To verify the
 198 hypothesis of removal of macro and micro pollutants in a particular polishing column, the
 199 Mann-Whitney U-Statistical test was used for independent samples. In order to compare the
 200 performance between the polishing columns and to verify the effect of the different packing
 201 media on the macro and micro pollutants removal, the Wilcoxon test was used for paired or
 202 dependent samples. The significance level of all tests was 95%.

203 3 - RESULTS AND DISCUSSION

204 3.1 Physical-chemical characteristics of influent and effluent from the polishing system

205 Table 2 shows the physical chemical data of the effluents and influent (INF) – activated sludge final
 206 effluent - of the polishing columns (Sand, ExpV, Coal, and GAC). The activated sludge effluent
 207 exhibited physical-chemical characteristics within the typical patterns for this type of matrix. For pH,
 208 DO and temperature, it was observed that during the experimental period there was no great variation

209 ($\alpha = 0,05$), which means that these parameters are not responsible for variations of dependent variables
 210 such as micropollutants. Likewise, the parameters COD and suspend solids did not change
 211 significantly according to the statistical methods used, implying that the differences observed
 212 in the columns performance cannot be imputed to these variables.

Sapling point	Parameter (Mean \pm SD / Min / Max)						
	SS (mg.L ⁻¹)	SS Mean Removal (%)	COD (mg.L ⁻¹)	COD Mean Removal (%)	pH	DO (mg.L ⁻¹)	Temperature (°C)
INF	13 \pm 4 / 10 / 23	-	36 \pm 8 / 25 / 51	-	7.7 \pm 0.2 / 7.4 / 8.0	2.3 \pm 0.6 / 1.3 / 3.4	24.9 \pm 1.4 / 22.4 / 26.8
Sand	6 \pm 3 / 2 / 11	23	28 \pm 7 / 22 / 42	24	7.6 \pm 0.3 / 7.2 / 8.0	2.5 \pm 0.6 / 1.7 / 3.3	23.8 \pm 1.3 / 21.3 / 26.1
ExpV	6 \pm 2 / 1 / 8	20	30 \pm 7 / 22 / 43	20	7.6 \pm 0.2 / 7.3 / 7.9	2.6 \pm 1.4 / 1.4 / 6.2	23.5 \pm 1.3 / 21.3 / 25.8
Coal	5 \pm 3 / 1 / 9	44	24 \pm 7 / 17 / 41	35	7.6 \pm 0.2 / 7.3 / 8.0	2.0 \pm 0.6 / 1.5 / 3.5	23.1 \pm 1.3 / 21.3 / 24.8
GAC	4 \pm 2 / 1 / 7	43	26 \pm 7 / 19 / 40	28	7.7 \pm 0.2 / 7.5 / 8.0	3.0 \pm 0.6 / 2.3 / 3.9	23.1 \pm 0.9 / 21.9 / 24.2

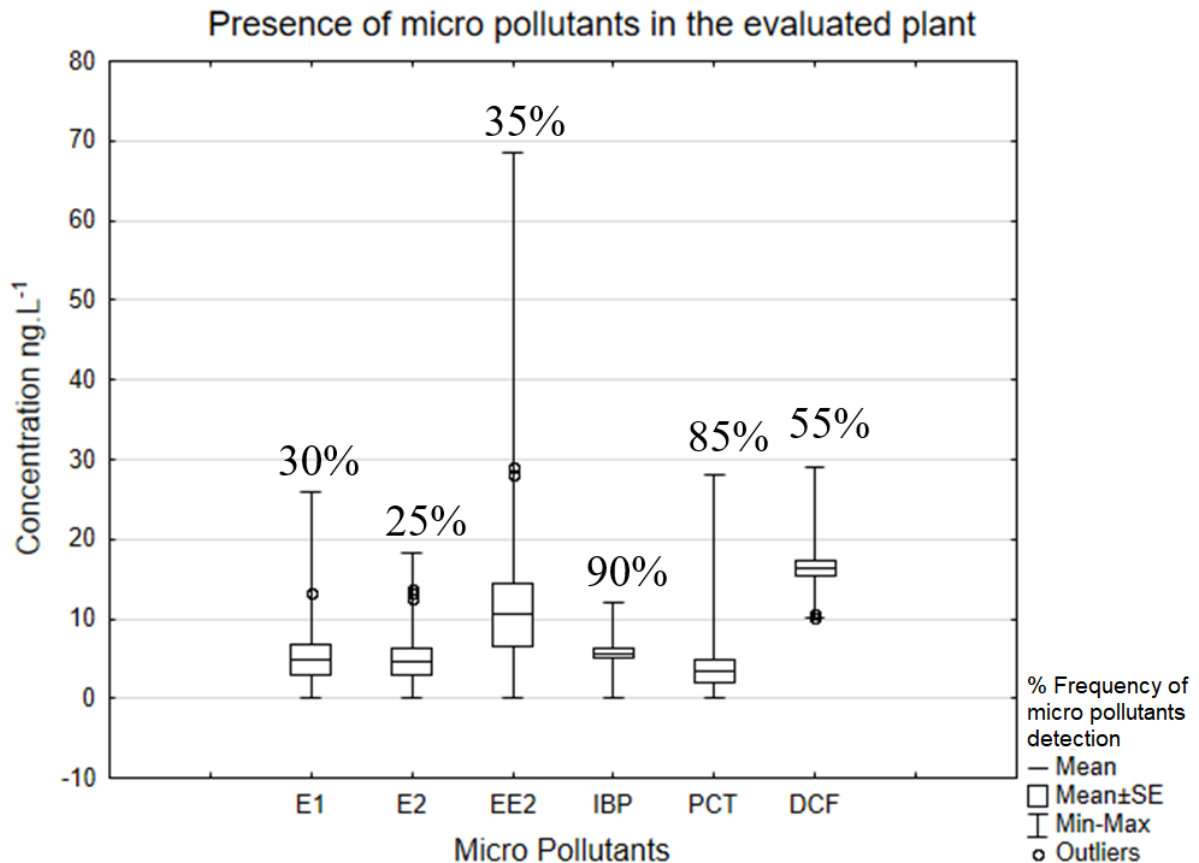
213 SS – Suspend Solids; COD- Chemical Oxygen Demand; DO – Dissolved Oxygen

214 Table 2: Physical-chemical characteristics of influent (INF) and effluents of the polishing
 215 columns (Sand, ExpV, Coal, and GAC)

216 The values of SS and COD are in agreement with Brazilian effluent treated by activated sludge
 217 technology. Observe that the values of SS found in this study were 13 \pm 4 mg.L-1 (mean),
 218 10 mg.L-1 (min) and 23 mg.L-1. (max), while those reported in the literature are from 20 mg.L-1
 219 (min) to 40 mg.L-1 (max). The COD values found in this study were 36 \pm 8 (mean), 25 mg.L-1 (min)
 220 and 51 mg.L-1 (max), while those reported in the literature were 10 mg.L-1 (min) at 40 mg.L-1 (max)
 221 (Oliveira and von Sperling 2002). It should be noted that the values closer to the lower levels,
 222 especially SS, may actually be related to rainfall dilution, but it is important to note that the value of
 223 precipitation in the operating period was not exorbitant (Cumulative rainfall (24h) - 7, 87 \pm 14.68 mm)
 224 0.00 (min) 63.00 (max)

225 **3.2 Occurrence of the micro pollutants in the STP effluent**

226 Figures 2 shows the changes in concentrations of the micro pollutants investigated in the STP
227 effluent (column influent - INF). In the figure, the frequency of detection of each micro
228 pollutant was also placed at the top of the Box-Whiskers.



229

230 Figure 2. Concentrations of the target micropollutants in the activated sludge effluent

231 In a comparative analysis of the data presented in Figure 2 with the literature it is observed
232 that for some micropollutants the concentration range reported by other researchers. For
233 instance, Stumpf et al. (1999) observed similar concentration of ibuprofen (max. 12.06 ng.L⁻¹)
234 in an effluent from an activated sludge treatment plant in Rio de Janeiro (Brazil). At the same
235 research, the authors also investigated the compound diclofenac, and for this compound, the
236 concentrations found by Stumpf et al. were higher than those found in this research. A reason

237 for this may rely on the dilution factor caused by rain throughout the sampling campaigns of
238 this research.

239 For a study carried out in treatment plants in Korea, Behera et al. (2011) investigated 20
240 micro pollutants in treated effluents and the results showed concentrations similar to those
241 found in this study for diclofenac (mean of 20 ng.L⁻¹) and estrone (max of 17ng.L⁻¹).
242 However, for ibuprofen the average concentrations found in Korean domestic treated effluents
243 were much higher (111 ng.L⁻¹) than that found in this study (40 ng.L⁻¹). These differences
244 might be explained by the pharmaceuticals consumption patterns of different countries, as
245 well as the climate differences since tropical countries, due to the higher water temperature,
246 may favour the biodegradation of some micropollutants.

247 For the hormones E1, E2 and EE2, Nie et al. (2012) found mean concentrations of 0.3.ng.L⁻¹,
248 < 0.8 ng.L⁻¹ and < 4.0 ng.L⁻¹, respectively, in domestic effluent from Chinese activated sludge
249 treatment plants. These values are similar to those observed in this study. The lower
250 concentration of these hormones in the activated sludge effluent may have occurred as a
251 consequence of the partial degradation of these estrogens throughout the treatment, since they
252 have relatively high K_{bio} values (Joss et al. 2006), which might lead to the production of by-
253 products (Cajthaml et al. 2009).

254 For the analgesic paracetamol, Stumpf et al (1999) reported concentrations in domestic
255 effluents treated by activated sludge in Brazil in the order of 5.89 µg.L⁻¹, which is much
256 higher than that found for this study of 5.05 ng.L⁻¹.

257 **3.3 Behavior of Estrogens in the polishing units**

258 The target estrogens (E1, E2 and EE2) have similar structural conformation. Basically they
259 consist of a phenolic ring, two cyclohexanes and one cyclopentane ring. Because of the high

260 octanol / water partition coefficient ($\log K_{ow} > 3.5$), these estrogens are lipophilic and have a
261 moderate tendency of absorption in the solid matrices. Indeed the $\log K_d$ are higher than 2.7
262 for the adsorption of such compounds onto secondary sludge from SWTP using activated
263 sludge technology (Ternes et al. 1999), thus demonstrating a high affinity of such
264 contaminants to this specific matrix. As mentioned, estrogens also have high biodegradability
265 coefficients ($K_{bio} > 10$) resulting in a great potential for biodegradation in aerobic treatment
266 units (Joss et al. 2006)

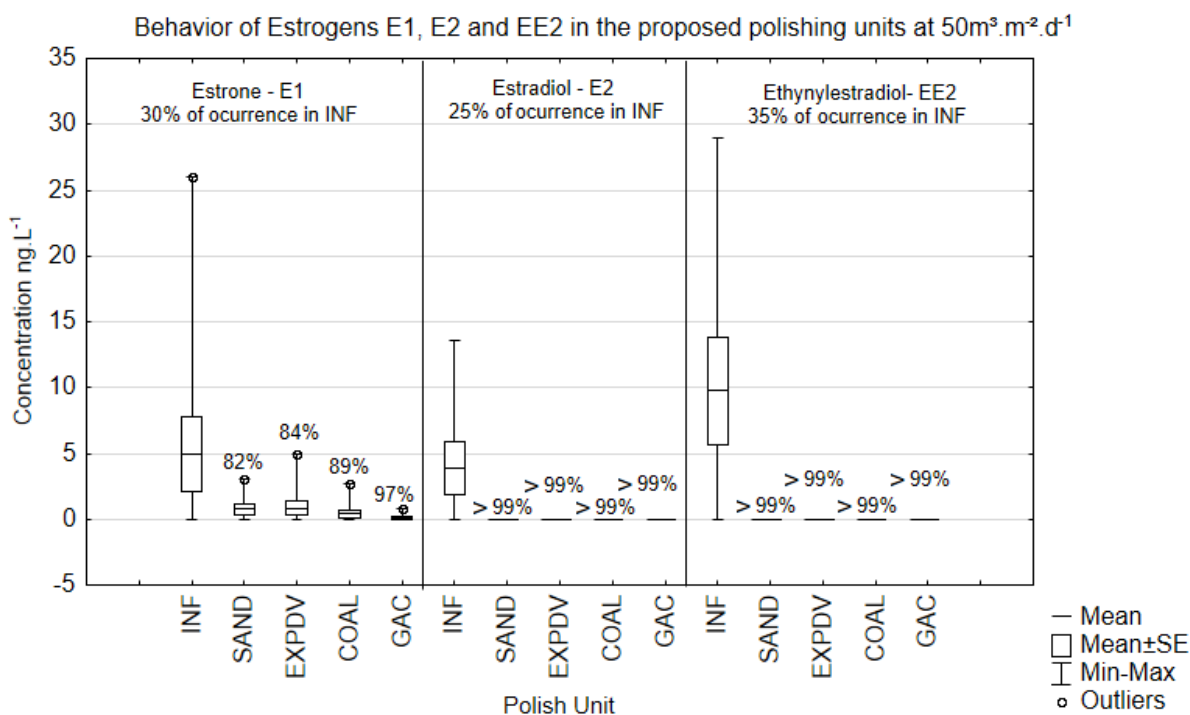
267 Figure 3 shows the concentrations of E1, E2 and EE2 in the effluents from the polishing
268 columns studied (Sand, ExpV, Coal, and GAC). The percentage value placed on the plots
269 refers to the average removal observed for the estrogens. Because of their similar molecular
270 conformation and chemical properties, the same behavior was observed among the three
271 estrogens in the polishing columns. The high level of estrogens removal in the polishing
272 columns might be explained by its adsorption followed by biodegradation. According to Joss
273 et al. (2006), compounds with $K_{bio} > 10$ tend to be removed above 90% by biological
274 mechanisms, which was confirmed in this research. In addition, the three estrogenic
275 substances exhibit $\log K_{ow} > 3.0$ which gives them the characteristic of being lipophilic and
276 having a moderate tendency to be absorbed in the solid matrices. Another important factor is
277 $\log K_d > 2.7$ for the three compounds, indicating a high tendency of the contaminant for the
278 adsorption in the sludge of the STP. With these characteristics, the contaminant becomes
279 bioavailable for biological degradation, which occurs due to the higher K_{bio} values ($K_{bio} > 10$).
280 The adsorbent materials increases the retention of E2 and EE2 in the biofilter, thus increasing
281 the chance for their degradation (Nakada et al. 2006).

282 From the results presented, it was noted that the columns were efficient in the removal of the
283 three target estrogens independently of the filter media used for the treatment. Margot et al.

284 2015 reported results similar to those presented in this work regarding the behavior of
285 estrogens in sand filters. The authors assigned the removal of these contaminants in sand
286 filters to biodegradation and concluded that sorption in sand was not sufficient to promote the
287 removal of estrogens from synthetic secondary effluents from anaerobic treatment and
288 conventional activated sludge.

289 It is emphasized that no statistical difference was observed between the columns for the
290 removal of estrogens. However, due to the composition of the filter media some materials (eg
291 GAC) should retain more hydrophobic contaminants (estrogens) than others (eg vermiculite).
292 A proposition that this difference has not been observed is given by the colonization of the
293 material by the biofilm. That is, the growth of the biofilm on the filter material gives
294 hydrophobicity to the supports and levels the level of estrogen removal in the columns, thus
295 not showing the intrinsic differences between the materials.

296 The great advantage of the biofilm is that it would allow the use of cheaper materials (eg
297 sand) to do the same function as more expensive materials (eg coal). However, during the
298 execution of the experiment the columns showed a great head loss, showing a fragility of the
299 colonization in the filtering media, which is the sealing causing the head loss in the proposed
300 unit.



301

302

Figure 3. Removal efficiency of target estrogens in the polishing units

303 3.4 Behavior of analgesic and anti-inflammatory compounds in the polishing units

304 The anti-inflammatories targeted in this work have chemical structural conformation similar
 305 to each other, being composed by a connection of aromatic rings to an acid functional group.
 306 However, there are differences between the biodegradability and sorption properties of these
 307 compounds. For example, ibuprofen and diclofenac have a moderate to high tendency of
 308 sorption onto the solid matrices of a given treatment ($\log D_{ow} < 1.7$ for activated sludge
 309 matrices to pH 7.65 (Petrovic et al. 2013)), whereas the analgesic paracetamol has a low
 310 sorption tendency as a consequence of its low hydrophobicity ($\log K_{ow} = 0.46 < 2.5$ and
 311 $\log D_{ow} = 0.40$ to pH 7.65). When the biodegradability aspect is analysed, diclofenac is at odds
 312 with its low K_{bio} ($< 0,1$), which renders to this compound some recalcitrance towards
 313 biological treatment.

314 Figure 4 shows the concentrations for the pharmaceuticals ibuprofen, diclofenac and
315 paracetamol in the activated sludge effluent (INF) and in the polishing columns effluents.
316 During the experimental period the average removal of ibuprofen in the polishing systems
317 ranged from 22% (SAND) to 31% (GAC). Statistical analyses (nonparametric Wilcoxon; $\alpha =$
318 5%) showed that significant differences were observed among the polishing columns,
319 indicating a better IBP removal in columns with sand and charcoal, either activated or *in*
320 *natura*) when compared to the other columns. Finally, the statistical test (non-parametric
321 Mann-Whitney U test; $\alpha = 5\%$) confirmed that the polishing systems were efficient in the
322 removal of IBP, showing statistically significant differences between the influent and effluent
323 concentrations.

324 Ibuprofen has a high $\log K_{ow}$ value (3.97) and a high K_{bio} value (35), indicating that the
325 mechanisms that govern its removal in the polishing columns is likely to be both the sorption
326 onto the filter medium followed by its biodegradation by biofilm microorganisms. Using sand
327 filters as a polishing step in WWTP, (Nakada et al. 2007) reported levels of the anti-
328 inflammatories removal similar to that observed in this research (30%). Moreover, peaks of
329 80% removal, as observed in this work, were pointed out by researchers who investigated IBP
330 removal in sand filtration units with slow filtration rates (Erba et al. 2012).

331 Regarding the anti-inflammatory diclofenac, the statistical analysis (non-parametric t of
332 Wilcoxon, $\alpha = 5\%$) did not indicate significant differences on the removal performances
333 among the columns, thereby indicating the filter media was not a key factor in the process.

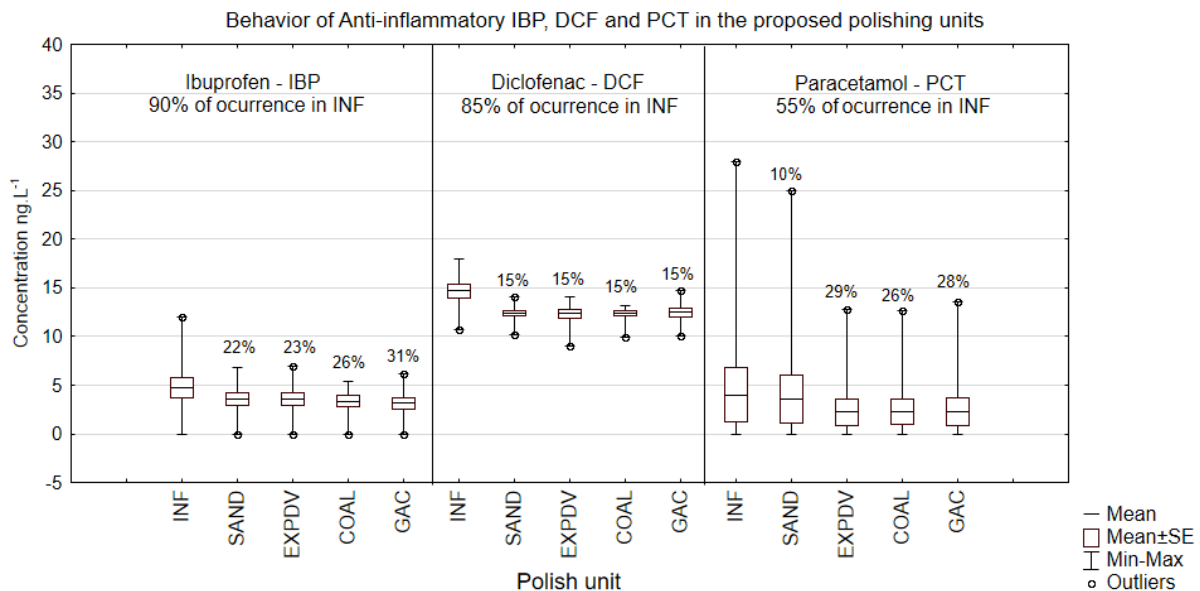
334 DCF has pK_a and $\log K_{ow}$ values of 4.2 and 4.51, respectively, which gives it a high tendency
335 to be sorbed onto solid matrices such as biofilms and filter media of the polishing columns.
336 However, DCF occurs in the form of negative molecules under the polishing systems
337 operating pH (7.0) as a consequence of its acidic nature ($pK_a < pH_{inf}$) value, and may suffer

338 repulsion by negatively charged biomass in the filter media (Suarez et al. 2010). These
339 antagonistic factors might have been decisive in the removal performances observed during
340 the experimental period. Possibly, the probability of repulsion by negative molecules was
341 increased as a consequence of the higher amount of solids in the liquid matrices (Table 2). In
342 addition, the K_{bio} value for DCF is less than $0.1 \cdot g \cdot SS^{-1} \cdot d^{-1}$, which means a low
343 biodegradability of this compound. Therefore it seems that DCF removal in the polishing
344 columns was significantly affected by its sorption onto the solids rather than its
345 biodegradation. The absence of significant biodegradation implies in saturation of the
346 adsorption sites, which eventually would lead to the breakthrough of the column and require
347 replacement of the filter media. Studies published in the literature report removal efficiencies
348 up to 80% for DCF in sand filters with rapid rate of sand (Erba et al. 2012; Suarez et al.
349 2010). On the other hand, Phu 2016, found that the average DCF removal efficiency was
350 30%, similar to what have been found in this work.

351 Figure 4 shows that the average PCT removal in the polishing system varied from 10% to
352 29% throughout the experimental phases. The non-parametric Wilcoxon t test ($\alpha = 5\%$)
353 applied for data in each operational period did not show statistically significant differences in
354 the PCT concentration in samples of the distinct polishing columns effluents. Thus,
355 statistically, no difference was found in the use of different filter media. The non-parametric
356 Mann-Whitney U test ($\alpha = 5$) also showed no significant difference, indicating that when
357 operated at the hydraulic rates tested the polishing columns are inefficient to remove PCT
358 from the activated sludge effluent.

359 PCT has a $\log K_{ow}$ value of 0.46 and hence has a low tendency to be sorbed in hydrophobic
360 surfaces such as the solid matrices covered by biofilm. However, the high value of K_{bio} (80)
361 indicates it is prone to biodegradation. On the other hand, Kruskal-Wallis statistical test did

362 not show a significant difference between PCT concentrations in the influent and effluent of
 363 the columns, and that the removal was negligible in all columns studied. This may be justified
 364 by the fact that the compound does not tend to be adsorbed and therefore does not become
 365 bioavailable for biodegradation.



366 Figure 4. Removal efficiency of analgesic and anti-inflammatory compounds in the polishing units
 367

368 4 - Conclusions

369 • All six micropollutants targeted in this study were found in the activated sludge
 370 effluent in concentration ranging from 4.71 ng/L to 28.93 ng/L. IBF was the most
 371 prevalent compound (detected in 90% of samples) followed by DCF and PCT which
 372 were detected in 85% and 55% of samples, respectively. The target estrogens were
 373 occasionally detected (frequency of detection of 25% for E2 and 35% for EE2); The
 374 polishing units were efficient to remove the estrogens with removal efficiencies
 375 varying from 82% to 97% for E1 and nearly 100% from E2 and EE2. The great
 376 removal of estrogens in the columns is related to their high biodegradability.

- 377 • Regarding the analgesic and anti-inflammatory compounds, the removal efficiencies
378 were not high. For IBP the removal efficiency varied between 22% and 31%, whereas
379 for DCF it was around 15% in all tested columns. Finally, for PCT there was no
380 statistical difference between the columns influent and effluent concentrations,
381 indicating the polishing units operating under described conditions were inefficient to
382 remove this compound;
- 383 • The results gathered in this research refuted the hypothesis that the novel packing
384 media would enhance biofilm growth which, in its turn, would lead to higher micro
385 pollutants removal efficiencies. The fact that the column filled with just sand
386 performed similar to those filled with charcoal and vermiculite indicates that biofilm
387 grew well in all media tested and masked the sorption differences of the materials
388 tested.

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Supplementary Material

Polish Unit Operation

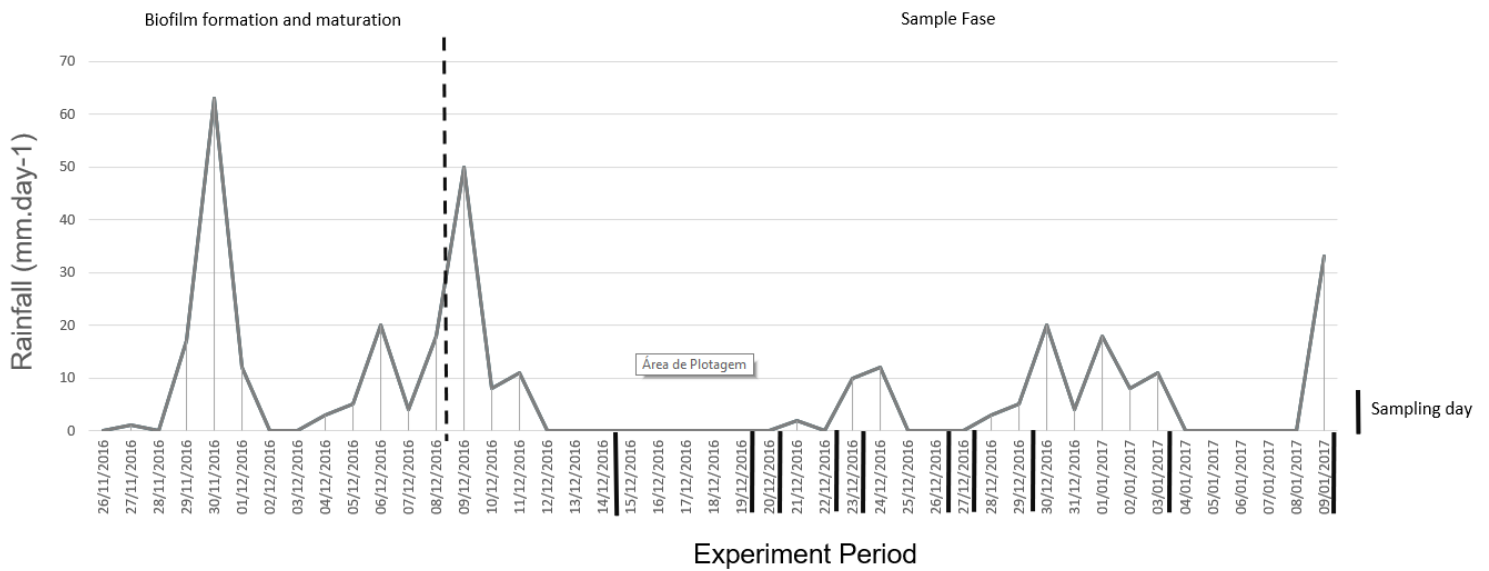


Figure 1. Rainfall in Polish Unit Operation

COD in Polish Unit

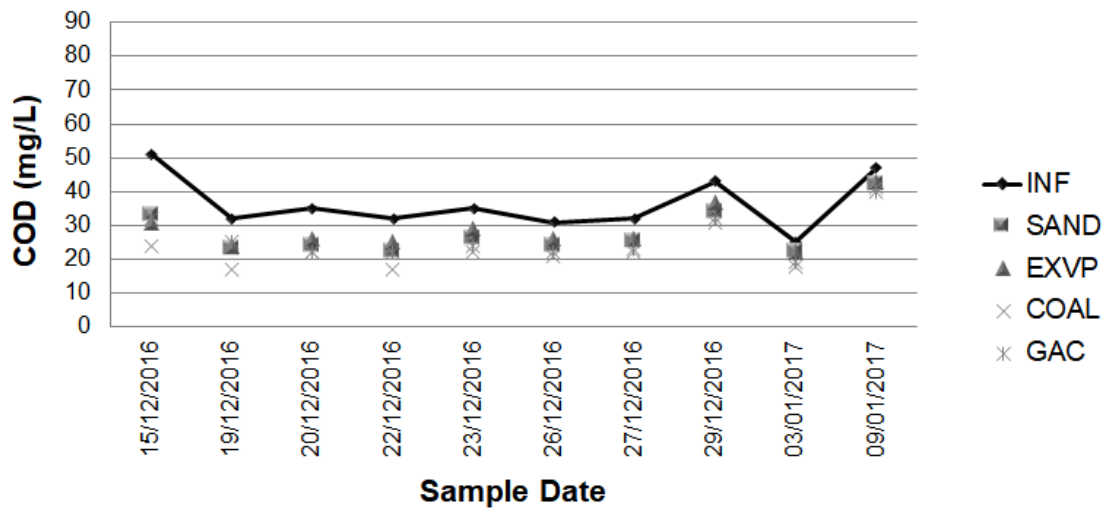


Figure 2. COD in Polish Unit Operation