

1 **Neonatal Thymectomy in Children - Accelerating the Immunological Clock?**

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27 **Abstract**

28 The thymus is critical for central tolerance and diverse T-lymphocyte repertoire
29 development, to provide lifelong defence against pathogens, whilst maintaining self-
30 tolerance. Peak thymic output occurs in-utero, infancy and early childhood,
31 diminishing throughout life. Infants with congenital heart disease requiring
32 sternotomy, often undergo thymectomy to clear the surgical field. Longterm effects of
33 early thymectomy are just being appreciated. Many patients remain asymptomatic,
34 despite immunological findings mirroring those of immunosenescence. Few develop
35 increased infection or lympho-reticular malignancy risk.

36 When considering effects of infant thymectomy, patients with partial DiGeorge
37 syndrome or hypomorphic *RAG* mutations may be instructive. These patients are
38 lymphocytopenic, with increased early onset infection and autoimmunity risk, not
39 seen in most infant thymectomy patients. Thymic structure of partial DiGeorge
40 syndrome or hypomorphic *RAG* patients is abnormal, with disrupted architecture
41 inclining to perturbation of central tolerance. Similar findings may be seen in patients
42 with myasthenia gravis, although disrupted peripheral tolerance may play a greater
43 role in autoimmunity development.

44 In conclusion, infant thymectomy may increase future risk of infection or
45 autoimmunity with premature immunosenescence, mediated through disruption of
46 central and peripheral tolerance mechanisms, initiated by early cessation or
47 diminution of thymic output. Ideally, some thymic tissue should be preserved at time
48 of surgery.

49 **Keywords**

50 Thymus, neonatal thymectomy, immunosenescence, T-lymphocyte,
51 immunodeficiency.

52

53 **Abbreviations**

54 Acetylcholine receptors (AChR), anti-nuclear antibodies (ANA), anti-neutrophil
55 cytoplasmic antibodies (ANCA), Cytomegalovirus (CMV), congenital heart disease
56 (CHD), Epstein Barr virus (EBV), Myasthenia Gravis (MG), post-transplant
57 lymphoproliferative disease (PTLD), regulatory T-lymphocytes (Tregs), thymic
58 (natural) Tregs (nTregs), peripheral (induced) Tregs (iTregs), T-cell receptor excision
59 circles (TRECs), T-cell receptor (TCR),

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62 **Introduction**

63 The thymus is the primary lymphoid organ supporting the development of T-
64 lymphocytes capable of reacting with harmful foreign antigens but recognizing and
65 tolerating harmless self-antigens. Complete or partial thymectomy performed during
66 congenital cardiac surgery in infants and young children procedures, improves
67 surgical access and allows visualization and cannulation of great vessels¹. However,
68 the partial or complete removal of the thymus in early life may have significant health
69 impacts in adulthood, although the data describing this are mixed.

70 Several studies have described T-lymphophenotype changes and early
71 immunosenescence occurring after early thymectomy for cardiac surgery, although
72 findings differ between reports, most of which are limited to small patient cohorts,
73 usually with no appropriate controls. The short-term clinical impact of early
74 thymectomy does not result in severe infectious complications, but long-term
75 consequences are poorly defined. In other conditions where post-thymectomy long-
76 term follow-up data are available, e.g. myasthenia gravis (MG), significant late-onset
77 autoimmune and lymphoproliferative complications are reported^{2,3}. Similar
78 complications may occur in early thymectomized patients following cardiac surgery⁴.
79 We describe current understanding of clinical and immunological consequences of
80 infant or early childhood thymectomy during cardiac surgery, and explore the link
81 with immunosenescence.

82

83 **Normal thymic structure and function**

84 The thymus is critical for T-lymphocyte development, providing an optimal
85 microenvironment in which developing thymocytes undergo proliferation, T-
86 lymphocyte receptor rearrangement, and differentiation into mature T-lymphocytes,

87 which are released into the circulation. Mature T-lymphocytes generate effective
88 responses against pathogens and tumor antigens, but are tolerant of self and
89 harmless environmental antigens^{1,5-9}. A critical thymic function is generation of
90 central tolerance occurring in two phases.

- 91 • positive selection in the thymic cortex, with apoptosis of T-lymphocytes that
92 fail to recognize self-MHC molecules
- 93 • negative selection in the thymic medulla⁶, resulting in the removal of high
94 affinity self-antigen reactive T-lymphocytes that harbor the potential to elicit
95 autoimmunity.

96 Negative selection is facilitated through central expression of a wide range of
97 peripheral tissue-restricted self-antigens by medullary thymic epithelial cells, partly
98 controlled by the Autoimmune Regulator (AIRE) transcription factor⁶ and Fezf2¹⁰.

99 A proportion of T-lymphocytes with high affinity to self-antigen survive negative
100 selection and develop into regulatory T-lymphocytes (Tregs), related to anti-apoptotic
101 signals associated with FOXP3 expression. FOXP3 is expressed mainly by
102 CD4⁺CD8⁻ T-lymphocytes, but expression has been observed in double positive
103 CD4⁺CD8⁺ T-lymphocytes, so the point at which the fate of these cells is determined
104 remains unclear. Approximately 80% of the Treg repertoire originates in the
105 thymus¹¹, but they can be generated extra-thymically by differentiation in the
106 periphery (inducible, iTregs). As the properties and origin of these Treg populations
107 differ, discriminating between them is important to better understand their specific
108 functions in regulating immune homeostasis. Markers to differentiate nTregs and
109 iTregs include expression of the transcription factor Helios, a member of the *Ikaros*
110 transcription factor family, and the surface antigen neuropilin-1¹², both apparently

111 highly expressed in nTregs. However, recent studies suggest that expression of
112 these two markers does not unequivocally identify Treg clones of thymic or
113 peripheral origin¹³, and a specific lineage marker for Tregs remains to be identified.

114

115 Various methods quantify thymic export of naive T-lymphocytes including
116 enumeration of T-lymphocyte receptor excision circles (TRECs) and specific cell
117 surface markers. TRECs are stable circular episomal DNA segments generated as a
118 by-product of TCR gene rearrangement, not duplicated during mitosis and thus
119 diluted with cellular division^{7,14}. Circulating TREC-containing naive T-lymphocytes
120 generation can persist for many months after thymectomy^{15,16} and extra-thymic
121 TRECs may further complicate interpretation. Despite this, PCR-quantification
122 provides an accepted and practical measurement of thymic output by calculating the
123 frequency of TRECs in a defined population of cells or absolute number of TRECs
124 per millilitre of blood¹⁵. Cell surface markers CD45RA, CD27 and CD62L have also
125 been used to identify naive T-lymphocyte populations, although expansion can occur
126 without loss of these markers. CD31⁺CD4⁺CD45RA⁺ T-lymphocytes have a high
127 TREC content declining with age, reflecting decline in thymic function^{15,17}.
128 CD45RA⁺CD27⁺ and CD45RA⁺CD31⁺ T-lymphocytes correlate strongly with TRECs
129 in pediatric patients, suggesting either panel can be used for enumerating peripheral
130 blood naïve T-lymphocytes^{9,15,17,18}.

131

132 Another indicator of normal thymopoiesis is a broadly diverse TCR repertoire,
133 necessary to respond adequately to a wide range of antigens⁹. Quantification of
134 TCRV β family T-lymphocyte expression is a useful tool to detect repertoire

135 restriction, indicating limited T-lymphocyte pool diversity associated with reduced
136 thymic output^{7,9}.

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139 **Normal age-related thymic involution and immunosenescence**

140 The thymus reaches maximum volume and output during the first year of life,
141 followed by a rapid decline in thymic function between 1-8 years, proceeded by a
142 gradual decline in function with increasing age^{14,19}. Age-related thymic decline is a
143 chronic irreversible process¹⁹, attributed to a reduction in the number of developing
144 intrathymic T-lymphocytes and alterations to the thymic stromal microenvironment,
145 particularly with loss of thymic medullary epithelial cells and replacement by
146 connective and adipose tissue.

147

148 Age-related thymic atrophy consequences include decreased peripheral naive T-
149 lymphocyte export and TCR repertoire contraction⁶. The decline in thymopoiesis,
150 and life-long chronic antigenic stimulation, result in peripheral memory T-lymphocyte
151 predominance, with preservation of immune responses to 'known antigens' but
152 possible failure to respond to new antigens²⁰. Recent evidence suggests the
153 existence of heterogenous populations of memory T-lymphocytes. In mice, central
154 memory CD4⁺ T lymphocytes contain subpopulations with different degrees of
155 turnover. The maintenance of CD4⁺ T-lymphocyte memory subsets relies heavily on
156 this recurrent replenishment of new cells sourced from the naive pool. If these
157 observations are also relevant in humans, early thymectomy is likely to have a
158 significant negative impact on replenishing the CD4⁺ T-lymphocyte memory pool²¹.
159 Accumulation of memory T-lymphocytes accounts for the shift from Th1 to Th2
160 cytokine profiles, promoting humoral immunity, production of autoantibodies and

161 potential development autoimmunity. Other immunological changes reported include
162 reduced T-lymphocyte proliferation due to a decline in IL-2 and IL-2 receptors²².
163 nTreg production is not impaired with age-related thymus atrophy as decreased
164 negative selection due to thymic atrophy is compensated by maintained, or
165 increased, nTreg production²³.

166 Progressive thymic function decline, alterations to the peripheral T-lymphocyte
167 compartment and decline in T-lymphocyte function, as well as a shift in cytokine
168 profiles, is attributed to the 'immune risk phenotype'²⁴, responsible for increased
169 susceptibility to infection, cancer and autoimmunity occurring with advancing age²⁵.
170 Elderly patients are predominantly at risk of cancers derived from tumor
171 neoantigens, whereas immune responses to shared tumor antigens are well-
172 retained²⁰. Although an increase in autoantibodies is observed in the elderly, this
173 does not always translate into increased autoimmunity²⁵ demonstrating that precise
174 mechanisms linking altered ageing immune responses with development of
175 autoimmune disease remain unknown²⁴. Some studies suggest contraction of the
176 TCR repertoire may be not be as dramatic^{20,26}, and the continued, albeit reduced,
177 thymic export of naive T-lymphocytes into the peripheral pool continuing into old age
178 provides sufficient supply to maintain immunological protection^{27,28} suggesting
179 involvement of other factors in the clinical consequences of immunosenescence.

180

181 **Post infant thymectomy immunological and clinical consequences**

182 As long-term follow-up data become available, the immunological impact of early
183 pediatric thymectomy becomes appreciable (Table 1). Gradual CD4⁺, but also CD8⁺,
184 T-lymphocytopenia develops^{1,7,31}. Progressive decline in naïve T-lymphocytes and

185 TRECs is observed, with an increased proportion of peripheral memory T-
186 lymphocytes, mirroring the immunosenescent phenotype previously described^{1,7,9}.
187 These changes are reversible if thymic regeneration occurs³¹⁻³³, emphasizing the
188 importance of sparing some thymic tissue at neonatal thymectomy. The frequency of
189 Ki67-expressing naive T-lymphocytes increases in thymectomized patients
190 compared to age-matched healthy controls, reflecting increased peripheral
191 replication in response to thymic output decline¹⁸. Most studies suggest a steady
192 gradual decline in cellular-mediated immunity following thymectomy. A seminal study
193 looking at young adults, aged 18-26 years who had been thymectomized in the first
194 two weeks of life for surgery on transposition of the great arteries. Study subjects
195 had CD4⁺ and CD8⁺ lymphocytopenia with a loss of naive cells, reduction in diversity
196 and increase in oligoclonal memory cells, with a switch to a pro-inflammatory
197 cytokine profile. A subgroup of these patients had an altered T-lymphocyte profile
198 normally related to cytomegalovirus (CMV) infection leading to induction of strong
199 CMV-specific T-lymphocyte responses. In the absence of adequate T-lymphocyte
200 renewal from the thymus, these responses may deplete the naive T-lymphocyte
201 pool. This is a pattern seen in elderly individuals, and indicative of an immune risk
202 phenotype, which is predictive of increased mortality³⁴.

203

204 An 18 year follow-up study of thymectomized patients demonstrated quantitative
205 naive T-lymphocyte decline, TCR repertoire contraction and skewing reflecting a
206 reduced naive T-lymphocyte peripheral pool with expansion of pre-existing T-
207 lymphocyte clones, and potentially reduced T-lymphocyte proliferative ability
208 indicated by shorter telomere length¹. However, T-lymphocyte function, proliferative
209 responses and IFN- γ production were normal⁷. Higher CD8⁺ T-lymphocyte

210 expression of PD1 (expressed following T-lymphocyte activation and used as a
211 marker of exhaustion) was demonstrated in patients who had previously undergone
212 sternotomy to repair congenital heart disease (CHD) at <12 months age compared to
213 similar age-matched patients without sternotomy. This may reflect T-lymphocyte
214 dysfunction, although clinical significance is undetermined⁹.

215 An increased proportion of Tregs within the CD4⁺ T-lymphocyte pool has been
216 observed post-thymectomy, possibly due to preferential Treg proliferation. A decline
217 in CD4⁺CD25⁺CD127^{low}CD45RA⁺ naïve Tregs and expansion in
218 CD4⁺CD25⁺CD127^{low}CD45RO⁺ memory Tregs with greater suppressing potential,
219 has been observed, which may reflect compensatory peripheral tolerance secondary
220 to lack of post-thymectomy central tolerance¹. However, evidence from murine
221 models suggests that in severe lymphopenia, FOXP3⁺ nTregs can lose their
222 suppressive capacity, and revert to T_H cells which promote tissue infiltration and
223 damage³⁵. It is not clear whether this has relevance in humans. One study found an
224 increased percentage of FOXP3⁺CD4⁺ T-lymphocytes, but predominantly comprising
225 CD45RO⁺FOXP3^{high} suppressive Tregs and CD45RO⁺FOXP3^{low} Tregs, shown to be
226 non-suppressive³⁶. These data suggest a potential risk factor for the development of
227 autoimmunity in early thymectomized patients.

228 One cohort of 178 patients with single-ventricle CHD and early thymectomy
229 demonstrated difficulty clearing molluscum contagiosum, and had a high incidence of
230 human papillomata³⁷. Generally, however, short-term immunological impacts post-
231 thymectomy appear benign, as other studies with longer patient follow-up do not
232 replicate these findings.

233 Absence of significant infections following neonatal thymectomy may be explained
234 by the diverse naive T-lymphocyte reservoir present at birth, following normal fetal

235 thymic development and function, which exists prior to thymic ablation and age-
236 related decline. This may protect against serious infections in the short- to medium-
237 term. In contrast, in congenital thymic aplasia, such as complete DiGeorge
238 syndrome, an absent or restricted oligoclonal naive T-lymphocyte population at birth
239 predisposes early to significantly impaired adaptive immunity, presenting in infancy
240 with severe, persistent and opportunistic infection.

241 Longer-term follow-up in cardiac thymectomy patients demonstrates early-onset
242 immunosenescence, predisposing to later-onset complications including
243 development of EBV-associated post-transplant lymphoproliferative disease (PTLD).
244 A 14% incidence of PTLD was demonstrated in a pediatric cohort post-cardiac
245 transplant, occurring in patients with CHD rather than cardiomyopathy⁴, possibly
246 reflecting the impact of early cardiac surgery in patients with CHD prior to transplant.
247 In another study, almost all patients who developed PTLD underwent infant surgery,
248 suggesting that early thymectomy resulted in dysregulated T-lymphocyte immunity
249 and impaired EBV responses³⁸. Given the evidence that early thymectomy gives rise
250 to an altered CMV-related T-lymphocyte profile in some patients³⁴, it is possible that
251 a similar disruption in anti-EBV T-lymphocyte immunity, possibly associated with a
252 'second hit' such as prolonged immunosuppression following cardiac transplantation,
253 renders some patients more susceptible to PTLD.

254

255 Humoral changes likely reflect changes in T-lymphocyte homeostasis.
256 Immunoglobulin disturbances after thymectomy include reduced IgA and IgG
257 subclass levels:- alterations in B-lymphocyte subsets have not been studied^{5,29}. One
258 study examined pneumococcal polysaccharide antibody response in paediatric

259 patients who had received a cardiac transplant and were receiving long-term
260 immunosuppression. Patients transplanted before 4 years of age were more likely
261 when older to have impaired pneumococcal polysaccharide antibody responses, and
262 low IgG2 antibody levels than those transplanted after 4 years of age³⁰. B-
263 lymphocyte numbers were normal and immunosuppression regimens similar in both
264 groups, raising the possibility that altered T-lymphocyte help may be implicated.

265 The appearance of autoantibodies is described in patients with early thymectomy,
266 with detection of ANA or ANCA antibodies in half of thymectomized patients in one
267 cohort, increasing with age²⁹, although this is not replicated in all studies⁵. Patients
268 with autoantibodies had more memory T-lymphocytes compared with those without
269 autoantibodies, and with healthy controls. An increase in IgG autoantibodies,
270 associated with autoimmune disease, and decrease in IgM natural autoantibodies,
271 associated with maintenance of self-tolerance, was observed, possibly reflecting
272 diminished maintenance of self-tolerance. These studies mirror the ageing immune
273 system with thymic involution, suggesting early onset of immunosenescence.

274 Despite the presence of autoantibodies in thymectomized patients, clinical
275 autoimmune disease is not frequent, possibly due to preferential proliferation of
276 Tregs and an increase in their proportion after thymectomy, suppressing
277 autoreactivity²⁹. As autoantibodies can arise long before clinical symptoms develop
278 however, further monitoring is necessary to determine whether clinical autoimmune
279 disease develops later in life.

280 **The partial DiGeorge syndrome model**

281 DiGeorge syndrome, frequently caused by 22q11.2 deletion, is the most common,
282 well-defined thymic primary immunodeficiency, with a spectrum of presentation

283 ranging from athymia to normal thymic function. Most patients have partial DiGeorge
284 syndrome, associated with diminished but not absent thymic output. The immune
285 changes described in these patients can be compared with those observed in
286 thymectomized pediatric patients, but with consideration of the main difference
287 between them: the presence of a healthy pool of naïve T-lymphocytes prior to
288 surgery in thymectomized patients in contrast to diminished, restricted pool of naïve
289 T-lymphocytes in DiGeorge syndrome.

290 Partial DiGeorge syndrome patients exhibit diminished CD4⁺ and CD8⁺ T-
291 lymphocyte numbers, reduced naïve T-lymphocytes and TRECs, normal B-
292 lymphocyte numbers but with increased naïve B-lymphocytes and perturbed memory
293 B-lymphocytes³⁹⁻⁴¹. TCR repertoire analysis demonstrates an increase in oligoclonal
294 peaks and V β family dropouts compared to controls, indicating TCR repertoire
295 restriction, similar to that described in thymectomized patients⁴². However, DiGeorge
296 syndrome patients experience more infections and autoimmunity than reported in
297 thymectomized patients. Of a large cohort of partial DiGeorge syndrome patients,
298 64% had recurrent and/or severe infections and 7.8% had autoimmune disease with
299 onset from 7.8 years of age⁸. Dysphagia, anatomical palatal alterations and
300 gastrointestinal reflux were identified as predisposing factors related to upper
301 respiratory tract infections, whilst autoimmune disease was related to CD4⁺ T-
302 lymphocytopenia and increased memory CD4⁺ T-lymphocytes³⁹. Clinical or
303 laboratory immune abnormalities and autoimmunity were related to reduced
304 CD3⁺CD4⁺CD45RA⁺CD31⁺ T-lymphocyte recent thymic emigrants, supporting the
305 role of deficient thymopoiesis in development of autoimmunity in these patients^{39,43}.
306 In one study, an increased risk of non-cardiac death, attributed to severe infection or

307 proliferation was associated with reduced naive CD4⁺ T-lymphocytes and CD8⁺
308 cytotoxic T-lymphocytes⁴⁴.

309 Recent data describing changes in thymic structure and function may help explain, at
310 least, the increased risk of autoimmunity – thymii from patients with 22q11 deletion
311 demonstrated hypoplasia, diminished maturation of the medulla, a reduction in the
312 number of AIRE⁺ medullary thymic epithelial cells, and a reduced number of
313 thymocytes⁴⁵. These findings suggest that there is likely also to be compromised
314 thymic negative selection, impairing central tolerance and increasing the risk of
315 autoimmunity.

316 These findings contrast with those of patients with “partial FOXN1 deficiency”, due to
317 heterozygous mutations in *FOXN1*. Affected infants have low TRECs and T-
318 lymphocytopenia, and some have experienced recurrent infections, including severe
319 infections. Unlike patients with partial DiGeorge syndrome, autoimmunity does not
320 appear to be a significant feature amongst infants or adults with heterozygous
321 *FOXN1* deficiency⁴⁶. This implies that T-lymphocytopenia alone does not
322 predominantly drive autoimmunity, but impaired central tolerance is an important risk
323 factor, as seen in partial DiGeorge syndrome⁴⁵ and also patients with hypomorphic
324 mutations in *RAG1/2*, where T-lymphocytopenia is also associated with thymic
325 dysfunction and impaired central and peripheral tolerance^{47,48}, as well as a decrease
326 in T-lymphocyte receptor diversity^{49,50}.

327 DiGeorge syndrome patients may have an increased malignancy risk, including
328 lymphoma, neuroblastoma, acute lymphoblastic leukemia, osteosarcoma, Wilms
329 tumor, thyroid carcinoma, and hepatoblastoma, although whether this is due to
330 deletion of certain genes (e.g. *SMARCB1* or *COMT*), related to immunodeficiency, or

331 other mechanisms, remains unclear^{51,52}. Management recommendations for these
332 patients include immunological follow up and indications for antimicrobial
333 prophylaxis, vaccination, and immunoglobulin replacement where appropriate^{53,54}.
334 Similar recommendations are lacking in “acquired” thymic deficiency.

335

336 **The Myasthenia Gravis Model**

337 Symptoms of MG are characterized by muscle weakness and fatigue, and are due to
338 a decrease in acetylcholine receptors at neuromuscular junctions, secondary to
339 autoantibodies directed against the acetylcholine receptors (AChR) in the majority of
340 patients, or against neighboring proteins aiding the clustering of acetylcholine
341 receptors. Around 75% of AChR Ab-positive patients with anti- AChR antibodies
342 have thymic abnormalities, with germinal center formation or hyperplasia in
343 approximately 65%, or thymoma in approximately 11%^{55,56}. These thymic
344 abnormalities facilitate the development of T-lymphocytes autoreactive to skeletal
345 muscle proteins through presentation of cross-reactive epitopes by thymic epithelial
346 cells^{57,58}. Thymectomy is second line therapy for management of MG; mechanisms
347 by which patients respond to thymectomy are unclear⁵⁹, although removal of the
348 thymus may eliminate a source of continued antigen presentation, and thus
349 reduction in T-lymphocyte-driven auto-reactive B-lymphocyte stimulation. Since MG
350 mainly affects adults, comparing data from this patient group with a pediatric
351 population is challenging due to differences of immunological maturity. However,
352 longer follow-up data in the MG population are available compared to that of
353 pediatric patients post-cardiac surgery, providing important insights.

354

355 Decreased T-lymphocyte counts, reduced TCR V β repertoire and TREC
356 concentration, increased Tregs and normal B-lymphocyte counts, are observed
357 during long-term follow up in MG thymectomized patients unlike normal controls and
358 non-thymectomized MG patients^{2,16,60}, similar to that of thymectomized pediatric
359 cardiac patients. Severe infections have not been reported in thymectomized MG
360 patients⁶¹.

361 There is a high incidence of autoimmune disease after thymectomy^{59,62}, with
362 increased IgG, IgM, anti-cardiolipin and anti-dsDNA antibodies in MG-
363 thymectomized patients compared with the other groups studied². A recent study
364 demonstrated a 6.25-fold increased incidence of autoimmune diseases (including
365 rheumatoid arthritis, systemic lupus erythematosus and Sjogren's Syndrome)
366 compared to healthy controls. In contrast, MG patients treated with plasmapheresis
367 did not develop autoimmunity³. This may support a link between thymectomy and
368 subsequent development of autoimmune disease. However, patients undergoing
369 thymectomy are more likely to have thymic abnormalities including thymoma or
370 germinal center hyperplasia, which may induce other autoimmunity in addition to
371 MG, as well as having less severe disease. The use of plasmapheresis in severely
372 affected patients may clear other autoantibodies and mask other autoimmunity.

373 Homeostatic regulation of T-lymphocytopenia may also impact on clinical
374 consequences. T-lymphocyte proliferation in a lymphocytopenic environment occurs
375 to re-balance T-lymphocyte homeostasis, and try and maintain T-lymphocyte
376 diversity and functionality. At least two forms of T-lymphocyte proliferation can be
377 observed in murine models:- a rapid spontaneous IL-7 independent proliferation
378 which leads to broad differentiation of memory cells and a slow homeostatic IL-7
379 dependent proliferation which results in more limited differentiation⁶³. The

380 predominant method of proliferation in a particular clinical setting may influence the
381 likely development of autoimmunity.

382 Less is known about the relationship between thymectomy for MG and the risk of
383 developing malignancy; thymic and extrathymic tumors have been described
384 before⁶⁴, concomitantly and after the diagnosis of MG. This makes it difficult to draw
385 firm conclusions between the relationship between thymectomy for MG and
386 subsequent malignancy risk, which is already increased with advancing age⁶⁵.

387 **Conclusions**

388 Most children with CHD survive into adulthood and it is therefore important to
389 understand long-term consequences of early thymectomy. The immunological
390 effects may not be apparent until several decades later, and mimic physiological
391 immunosenescence, associated with increased infections, autoimmunity and
392 malignancies, albeit occurring earlier than expected. The immunosenescent
393 phenotype of thymectomized patients resembles that which occurs with normal
394 ageing. In the short- and medium-term, infection and autoimmunity do not appear to
395 be increased, but the longest published follow-up data available are 18 years after
396 thymectomy. This population may be at future risk; further monitoring may determine
397 if observed immunological changes translate to clinical problems later in life.

398 However, the clinical consequences may depend on factors additional to the original
399 surgery, including thymic regeneration following partial thymectomy, intrinsic thymic
400 dysfunction leading to perturbed central and peripheral tolerance and diminished T-
401 lymphocyte receptor diversity (Figure 1), or slow homeostatic T-lymphocyte
402 proliferation leading to reduced diversity. Additionally, in patients who subsequently
403 undergo cardiac transplantation and longterm immunosuppression, immunological

404 consequences of early thymectomy may be enhanced, with poor polysaccharide
405 antibody responses and increased risk of PTLD. Further studies may define if
406 autoimmunity is also an increased risk, and determine the lifelong consequences of
407 neonatal or infant thymectomy. In the meantime, efforts to preserve at least some
408 thymic tissue during cardiac surgery should be advocated.

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623 **Figure 1.** Possible models for development of infection risk or autoimmunity. In
624 patients subject to infant thymectomy, early complete disruption of thymopoiesis
625 may lead to peripheral T-lymphocyte expansion, with alterations in natural and
626 induced regulatory T-lymphocyte populations, contraction of repertoire and
627 skewing to a memory phenotype, with failure to replenish the peripheral T-
628 lymphocyte pool. In myasthenia gravis, onset is much later, leading to a normal
629 peripheral T-lymphocyte pool until adulthood. Abnormal thymic architecture,
630 possibly with alterations in peripheral tolerance may predispose to autoimmunity
631 and infection post thymectomy. Disturbed central tolerance due to disrupted
632 thymic medullary architecture leads to early onset lymphocytopenia, restricted
633 repertoire and premature onset autoimmunity in partial DiGeorge and
634 hypomorphic RAG patients, whilst in healthy individual, late onset physiological
635 failure of thymopoiesis precedes peripheral T-lymphocyte expansion,
636 enlargement of the T-lymphocyte memory pool, and gradual acquisition of
637 autoreactive T-lymphocytes through homeostatic proliferation.

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