

1 **Why do some dads get more involved than others?**

2 **Evidence from a large British cohort**

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6 Running head: Paternal investment

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9 Daniel Nettle

10 Centre for Behaviour and Evolution

11 Newcastle University

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14 Correspondence to:

15 Daniel Nettle, Centre for Behaviour and Evolution, Institute of Neuroscience,

16 Newcastle University, Henry Wellcome Building, Framlington Place, Newcastle

17 NE2 4HH, UK

18

19 [daniel.nettle@ncl.ac.uk](mailto:daniel.nettle@ncl.ac.uk)

20 Tel: +44 191 222 8993

21 Fax: +44 191 222 5622

22

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1 Abstract

2 Previous studies in developed-world populations have found that fathers become  
3 more involved with their sons than their daughters, and become more involved  
4 with their children if they are of high socioeconomic status (SES) than if they are  
5 of low SES. This paper addresses the idea proposed by Kaplan and colleagues  
6 that this pattern arises because high-SES fathers and fathers of sons can make  
7 more difference to offspring outcomes. Using a large longitudinal British data set,  
8 I show that paternal involvement in childhood has positive associations with  
9 offspring IQ at age 11, and offspring social mobility by age 42, though not with  
10 numbers of grandchildren. For IQ, there is an interaction between father's SES  
11 and his level of involvement, with high-SES fathers making more difference to the  
12 child's IQ by their investment than low-SES fathers do. The effects of paternal  
13 investment on the IQ and social mobility of sons and daughters were the same.  
14 Results are discussed with regards to the evolved psychology and social  
15 patterning of paternal behaviour in humans.

16

1 **1.0 Introduction**

2 Human males are facultative investors in their offspring (Geary, 2000). This  
3 means that, unlike the situation in many bird species, the offspring and do can  
4 survive with no paternal contribution as long as there is maternal care (Sear &  
5 Mace, 2008). On the other hand, for humans, as has recently been shown for  
6 baboons (Charpentier, Van Horn, Altmann, & Alberts, 2008), paternal investment  
7 may improve developmental outcomes.

8 A large number of studies have investigated associations between paternal  
9 involvement or presence and offspring outcomes (Amato, 1994; Amato & Rivera,  
10 1999; Flouri & Buchanan, 2004; Harris, Furstenberg, & Marmer, 1998; Kaplan,  
11 Lancaster, & Anderson, 1998; Yogman, Kindlon, & Earls, 1995). In their review,  
12 Amato and Rivera (1999) identified 68 studies of this type published since 1980.  
13 These studies measure a range of outcomes, including cognitive ability and  
14 academic achievement, conduct problems, psychological adjustment, and social  
15 competence, and the majority report significant positive associations of the  
16 outcomes with paternal involvement. However, there are problems of  
17 interpretation attached to such results (Amato & Rivera 1999). First, the same  
18 informant often reports on both paternal involvement and the outcome variable,  
19 meaning spurious associations can be produced by informant’s response style.  
20 Second, households with high paternal involvement may differ in other ways from  
21 households without, and so correlation does not guarantee causal significance. In  
22 particular, in households with high paternal involvement, SES is often different,  
23 family size may be lower, and maternal involvement may be higher. Third, if  
24 there is a causal pathway, it could be in the opposite direction, with fathers  
25 becoming more involved with offspring who are high-achieving or socially skilled.

26 Some studies have overcome the first and second of these problems, by  
27 using independent reports for the paternal involvement and outcome variables,  
28 and by controlling adequately for other family variables, and still found significant  
29 results (Amato, 1994; Flouri & Buchanan, 2004). The third problem may be more

1 intractable. Nonetheless, the overall implication of this large literature is that at  
2 the very least, paternal involvement is associated with improved offspring  
3 outcomes, and quite possibly, the association is causal.

4         Given the above conclusion, basic evolutionary reasoning predicts that  
5 men should have evolved the behavioural flexibility to continue post-birth  
6 investment in their children up to the point where the benefit produced by an  
7 extra unit of investment does not exceed the cost. Thus, if some men are  
8 investing more than others in their children, then the explanation may be that the  
9 balance of benefits and costs differs from man to man.

10         In contemporary developed populations, several studies have found that  
11 fathers invest time more in sons than in daughters (Cabrera, Tamis-LeMonda,  
12 Bradley, Hofferth, & Lamb, 2000; Harris et al., 1998; Lawson & Mace, submitted),  
13 and investment is related to socio-economic status (SES), with high-SES men  
14 investing more than low-SES men (Kaplan et al., 1998; Lawson & Mace,  
15 submitted). Thus, the key question is the following: why would fathers of sons  
16 and fathers from high-SES groups experience a higher benefit/cost ratio for  
17 investment than sons of daughters and from low-SES groups?

18         The main cost of involvement is time, and I assume for now that time  
19 devoted to existing offspring – time which could be devoted instead to somatic or  
20 mating effort - has the same value for all men. Thus, any differences must stem  
21 from the benefits of involvement being higher for some men than others. The  
22 benefits of involvement are determined by three variables: the return on  
23 involvement (i.e. how much difference to the child's phenotypic quality a unit of  
24 paternal involvement makes), the level of paternity confidence, and the benefit in  
25 terms of future reproductive opportunities with the child's mother that investing  
26 in the child will bring. There is good evidence that men are responsive to such  
27 variables. Cues suggesting high paternity confidence have been shown to  
28 increase men's propensity to invest in children (Anderson, Kaplan, & Lancaster,  
29 2007; Apicella & Marlowe, 2004; Platak et al., 2004), as has the possibility of

1 future reproduction with the child's mother (Anderson, Kaplan, & Lancaster,  
2 1999).

3           However, it seems unlikely that either of these variables could explain the  
4 SES and sex-of-child patterns. For paternity certainty, for example, there is only  
5 weak evidence that it varies by SES (Anderson, Kaplan, & Lancaster, 2006), and  
6 there is no plausible reason it should vary by sex of the child. Instead, this paper  
7 focuses on the first term, the amount of difference that paternal investment  
8 makes. Kaplan et al. (1998) note that the SES gradient of paternal involvement  
9 observed in their study is consistent with the idea that high-SES men have a  
10 greater effect when they choose to invest. However, they do not directly  
11 demonstrate that this is the case. To do so requires demonstrating not just a  
12 main effect of paternal involvement on child outcomes, but also a significant  
13 interaction between paternal SES and paternal involvement.

14           The purpose of this study is to examine the effect of father involvement on  
15 outcomes for a large British cohort, the National Child Development Study.  
16 Positive effects of paternal involvement on offspring outcomes have been found  
17 using this cohort before (Flouri & Buchanan, 2004). These researchers showed  
18 that, controlling for other variables, mother's report of paternal involvement at  
19 age 7 weakly but highly significantly predicted offspring educational attainment at  
20 age 20. My analysis extends on Flouri and Buchanan's work in a number of ways;  
21 principally, investigating whether paternal involvement varies by sex of child and  
22 SES, which is not reported in their paper, investigating IQ as an outcome,  
23 pursuing outcomes into adulthood rather than only to age 20, and, crucially,  
24 testing for an interaction effect between SES of father and his degree of  
25 involvement, not just a main effect as is usually tested for in this literature.

26           I analyse effects of paternal involvement on three offspring outcome  
27 variables. The first is general ability (GA) score, a measure of IQ at age 11. IQ  
28 has been chosen as it is a measure of general nervous system efficiency, and is  
29 predictive of socially important consequences such as educational and

1 occupational outcomes and long-term health (Gottfredson & Deary, 2004; Nettle,  
2 2003). Although attention tends to focus on the heritable component of IQ,  
3 studies consistently find a significant environmental contribution as well  
4 (Bouchard & McGue, 2003; Sampson, Sharkey, & Raudenbush, 2008), in which  
5 parental behaviour may be significant (Johnson, McGue, & Iacono, 2007). I also  
6 extend the analysis on through the life course by measuring social mobility at  
7 offspring age 42. This measure is derived by comparing the cohort members' SES  
8 to that of their fathers. Social mobility, too, has been found to be affected by  
9 post-birth environmental factors (Bjorklund, Lindahl, & Plug, 2006). Finally, I  
10 examine the number of children that the offspring have by age 46, since by  
11 investing in offspring quality, men may be increasing their number of  
12 grandchildren.

13         The objectives of this study are thus: 1. to establish whether in this  
14 population, as in others, paternal involvement varies by SES and sex of child, 2.  
15 to determine whether the degree of paternal involvement has an effect on cohort  
16 members' childhood IQ, social mobility in adulthood, and number of children, and  
17 3. to test for interaction effects which would explain the pattern, such that  
18 higher-SES fathers and fathers of sons have greater impact on their offspring  
19 than low-SES fathers and fathers of daughters.

20

## 21 **2.0 Methods**

### 22 *2.1 Study population*

23 The National Child Development study is an ongoing longitudinal investigation of  
24 all the children born in Britain in a single week in March 1958 (n=17,146). The  
25 comprehensive medical and sociological assessment at the time of the cohort's  
26 birth has been followed up by a succession of assessments and interviews over  
27 the years, most recently in 2004-5 when the cohort were 46 years old. The  
28 current study uses data from 1965 (NCDS1, n=15,051), 1969 (NCDS 2,  
29 n=14,757), 1974 (NCDS 3, n=13,917), 2000 (NCDS 6, n=10,979) and 2004-5

1 (NCDS 7, n=11,939), in addition to the original 1958 survey. Since only  
2 individuals with complete and valid records for all relevant variables are used in a  
3 particular analysis, sample sizes vary and, particularly where comparing variables  
4 from different years, can be substantially lower than the figures shown above.  
5 Degrees of freedom are reported for all analyses.

6

## 7 *2.2 Measures*

8 The main paternal involvement measure used here is a maternal response from  
9 1969 to the question 'how involved is the father in the management of the child?'  
10 (henceforth, father role 11). The responses available were: 1. Inapplicable  
11 (n=782), 2. Leaves it to mother (n=1329), 3. Significant role but less than  
12 mother (n=3073), and 4. Equal to mother (n=8552). Paternal investment is a  
13 multi-dimensional construct (Cabrera et al., 2000), and some previous  
14 researchers have combined responses to several questions into an index (Flouri &  
15 Buchanan, 2004). However, doing this involves treating responses which are in  
16 fact categorical as continuous scales, which may not be justified. It is not clear,  
17 for example, that the difference between the 'inapplicable' response and the  
18 'leaves it to mother' response is quantitatively equivalent to the difference  
19 between a 'significant' role and one 'equal to mother'. Thus, the single overall  
20 involvement item is used here, and, except for display purposes in figure 1, not  
21 treated as a continuum.

22 However, a number of other measures of paternal involvement are  
23 available in the NCDS data. The same item on involvement of father in  
24 management of the child was also administered in 1965 at cohort age 7 (father  
25 role 7). In addition, the 1965 survey asked how often the father read to the child  
26 (reading), and how often he took outings with the child (outings), with responses  
27 chosen from a similar four-category set. Though the main analyses of this paper  
28 all use father role 11, I also report, as a check on the robustness of the measure,  
29 the associations of father role 11 with these other variables from age 7.

1           Cross-checking elsewhere in the data shows that in the majority of cases  
2 (86.1%) where 'inapplicable' was chosen, the father was not living in the  
3 household. Thus I retain the 'inapplicable' cases, assuming then to indicate no  
4 paternal involvement at all. Results are unaffected by deleting them instead. Note  
5 that father role 11 is not entirely reducible to co-residence, since many resident  
6 fathers were classified as 3 (n=1256), and many non-resident ones were  
7 classified as 1 or 2 (n=265).

8           A limitation of paternal effect research is that high-investing men may be  
9 married to high-investing women, and so the effects detected may reflect  
10 maternal rather than paternal inputs (see Introduction). Father role 11 partly  
11 mitigates this problem in that the item assesses paternal involvement relative to  
12 the amount that the mother does.

13           SES is assessed using a system of five occupational classes common in  
14 British national statistics (I Professional, II Managerial and technical, III Skilled,  
15 IV Partly skilled, V Unskilled; Supplementary information, table S1). Though  
16 these classifications are ultimately based on the social prestige of the person's  
17 occupation, they effectively stratify society by educational achievement, job  
18 control, health outcomes and, more weakly, income. Social class is treated as  
19 categorical rather than as a scale. Social mobility was assessed by comparing the  
20 cohort member's social class in 2000 with that of his or her father in 1958, and  
21 calculating the number of steps moved up or down the hierarchy. This yields a  
22 continuous variable with a range of -3 to +4. The mean is non-zero (mean 0.33,  
23 s.d. 1.11) because of changes in the occupational structure of the economy over  
24 time. Note that this is a more meaningful measure for the male than the female  
25 cohort members, since women are compared to their fathers rather than their  
26 mothers. There is no alternative to this since most of the 1958 mothers did not  
27 work outside the home and maternal occupation was not recorded.

28           The IQ measure is a general ability (GA) score from 1969 (mean 42.94,  
29 s.d. 16.15), which is detailed elsewhere, and whose correlations with educational



1 and occupational attainment suggest high validity (Nettle, 2003). Number of  
2 children by 2004 (mean 1.92, s.d. 1.30) was assessed by summing responses  
3 relating to new children from several different response years.

4

5 *2.3 Analysis*

6 Analysis is by General Linear Model (GLM) where the dependent variable is  
7 continuous (e.g. GA score), and multinomial logistic regression where it is  
8 categorical (e.g. father role 11). The number of brothers and sisters that the  
9 cohort member has (co-resident in 1974) are included as covariates where  
10 appropriate, since these may vary by SES, and also have effects on paternal  
11 behaviour and child outcomes (Downey, 1995; Lawson & Mace, submitted;  
12 Steelman, Powell, Werum, & Carter, 2002), thus introducing a potential source of  
13 confound. The brothers and sisters variables are truncated so the few cases with  
14 numbers larger than 3 are scored as 3 (Supplementary information, table S1).

15

16 **3.0 Results**

17 *3.1 Associations between paternal involvement measures*

18 The associations between the four paternal involvement measures are all  
19 significant and substantial in magnitude (table 1). Given that father role 11 was  
20 taken four years after the other three, this suggests some temporal consistency  
21 in father behaviour. The strong relationships between the overall father role items  
22 and the more specific items on reading and outings suggest that the women's  
23 responses to the father role items are strongly driven by how much time the man  
24 habitually spent doing things with the child.

25

26 *3.2 Patterns of paternal involvement*

27 The distribution of father role 11 across the five social classes is shown in  
28 Supplementary information, table S2. The proportion playing a role 'equal to  
29 mother' declines from 65% in class I to 59% in class V, whilst the proportion who

1 'leave it to mother' increases from 4% in class I to 14% in class V. To investigate  
2 this further, a multinomial logistic regression was performed, with father role 11  
3 as the dependent variable, cohort member sex and father's social class as factors,  
4 and number of brothers and sisters as covariates. The overall model is significant  
5 ( $X^2=158.33$ , d.f.=21,  $p<0.01$ ), with the likelihood ratios for all four independent  
6 variables significant ( $p<0.01$ ).

7 Examination of the odds ratios (Supplementary information, table S3)  
8 revealed that the cohort member being a girl made it more likely that the father  
9 would be in one of the lower-investing categories (e.g. OR for a girl rather than a  
10 boy for 'leaves it to mother' compared to 'equal to mother' = 1.43, for  
11 'inapplicable' compared to 'equal to mother' = 1.58). Greater numbers of brothers  
12 and sisters were associated with lower paternal involvement (e.g. for each  
13 additional brother, the odds ratio for 'leaves to mother' versus 'equal to mother'  
14 =1.25, and for each additional sister = 1.22).

15 The odds of being in a low-investing category are sharply increased for  
16 low-class compared to high-class fathers (e.g. OR for father in class V compared  
17 to class I for 'leaves it to mother' versus 'equal to mother' = 3.57, for  
18 'inapplicable' versus 'equal to mother' = 1.99). The sex by social class interaction  
19 was not significant. Thus, fathers invested more the higher their social class, the  
20 smaller the number of other children, and more when the cohort member was a  
21 boy than a girl. Figure 1 shows the social class and sex effects graphically,  
22 treating father role 11 as a continuous scale for this purpose.

23

### 24 *3.3 Effects of paternal involvement on IQ at age 11*

25 In a full-factorial GLM with GA score at age 11 as the independent variable,  
26 cohort member sex, father's social class and father role 11 as independent  
27 variables, and numbers of brothers and sisters as covariates, there were  
28 significant effects of father's social class ( $F_{4,8433}=45.73$ ,  $p<0.01$ ), sex of cohort  
29 member ( $F_{1,8433}=8.30$ ,  $p<0.01$ ; girls scoring higher than boys), number of

1 brothers ( $F_{1,8433}=173.65$ ,  $p<0.01$ , more brothers associated with lower scores,  
2  $B=-2.13$ ), and number of sisters ( $F_{1,8433}=123.80$ ,  $p<0.01$ , more sisters associated  
3 with lower scores,  $B=-1.85$ ). These were expected findings given the social  
4 stratification of IQ scores, girls' greater maturity at age 11, and the known  
5 relationships between IQ and family size. There was also a significant main effect  
6 of father role 11 ( $F_{3,8433}=15.12$ ,  $p<0.01$ ), and a significant interaction between  
7 father role 11 and father's social class ( $F_{12,8433}=2.98$ ,  $p<0.01$ ). No other  
8 interactions were significant. Full model results are shown in Supplementary  
9 information, table S4.

10         Figure 2 compares the standardised GA scores for cohort members within  
11 each social class of origin, broken down by father role 11. Within every class,  
12 those who receive a substantial amount of father involvement have GA scores  
13 above the mean for their class, whilst those whose fathers were uninvolved had  
14 lower scores. Inspection of figure 2 suggests that the key difference is between  
15 father's role being 'significant' or 'equal' on the one hand, and 'leaves to mother'  
16 or 'inapplicable' on the other. This dichotomy is confirmed by statistical  
17 comparisons within the GLM, which reveal that father's role 'equal to mother'  
18 differs significantly from 'leaves to mother' and 'inapplicable' ( $p<0.01$ ), but does  
19 not differ from 'significant but less than mother'. We can thus with some  
20 justification collapse the classification of fathers, in terms of effects on GA score,  
21 into two categories: heavily involved ('equal to mother' and 'significant but less  
22 than mother'), and lightly involved ('leaves to mother' and 'inapplicable').

23         Figure 3 illustrates the interaction between father role 11 and father's  
24 social class by showing the difference in the marginal mean of GA score  
25 (controlling for sex and numbers of brothers and sisters) made by having a father  
26 who was heavily versus lightly involved, for children whose fathers were from  
27 each of the social classes. The units on the vertical axis of the figure are standard  
28 deviations of GA score for that class. As the figure shows, heavy paternal  
29 involvement makes a positive difference in every class, but the increments of GA

1 score vary. The largest effects of heavy involvement (around half a standard  
2 deviation) are found in classes I and II, professional and managerial occupations,  
3 whilst the smallest (around 0.14 standard deviations) is found in class V,  
4 unskilled occupations. Thus, for IQ scores at age 11, paternal involvement does  
5 make a difference, and it makes more of a difference if the father is of high social  
6 class than if he is of low social class. It makes the same amount of difference to  
7 boys as to girls.

8

### 9 *3.4 Effects of paternal involvement on social mobility*

10 In a full-factorial GLM with cohort member sex, father's social class, and father  
11 role 11 as independent variables, number of siblings as a covariate, and class  
12 mobility score as the outcome, there were expected significant effects of cohort  
13 member sex ( $F_{1,5734}=13.47$ ,  $p<0.01$ ; men more upwardly mobile than women),  
14 father's social class ( $F_{4,5734}=401.87$ ,  $p<0.01$ ; this large effect is due to class of  
15 origin determining the possible direction of class mobility), number of brothers  
16 ( $F_{1,5733}=34.14$ ,  $p<0.01$ ; more brothers associated with less upward mobility,  $B=-$   
17  $0.07$ ), and number of sisters ( $F_{1,5733}=21.21$ ,  $p<0.01$ ; more sisters associated with  
18 less upward mobility,  $B=-0.05$ ). In addition, there was a narrowly significant  
19 effect of father role 11 ( $F_{3,5733}=2.64$ ,  $p<0.05$ ). The interaction between father's  
20 social class and father role 11 was not significant ( $F_{12,5733}=0.87$ , n.s). These  
21 results are not altered by using a dichotomous classification of heavy versus light  
22 paternal involvement instead of the four-category variable (data not shown).

23 Figure 4 illustrates the effect of father role 11 on class mobility by showing  
24 the mean class mobility score standardised for father's social class, for cohort  
25 members receiving different amounts of paternal involvement. Within every class,  
26 those whose fathers left it to mother are substantially less upwardly mobile than  
27 those receiving strong paternal involvement.

28 Since the social mobility score is more meaningful for men than for women  
29 (see Methods), the above analysis was rerun with just the men. The effect of

1 father's role becomes more strongly significant ( $F_{3,3006}=3.84$ ,  $p<0.01$ ), but the  
2 father's role by father's social class interaction remains non-significant  
3 ( $F_{12,3006}=1.39$ , n.s.). For social mobility by age 42, then, fathers do make a  
4 difference. However, the amount of difference they make is not related to the  
5 father's social class. Both sexes benefit equally. However, since the measure is a  
6 less noisy one for men than for women, the significance of the effect is greater in  
7 the male half of the cohort.

8

### 9 *3.5 Effects of paternal involvement on cohort member's number of children*

10 In a full-factorial GLM with cohort member's children as the outcome measure,  
11 the only significant predictors were numbers of brothers ( $F_{1,4867}=26.05$ ,  $p=0.01$ )  
12 and sisters ( $F_{1,4867}=25.71$ ,  $p=0.01$ ), with individuals with large numbers of  
13 siblings having more children ( $B=0.10$  for both brothers and sisters). Neither  
14 cohort member sex, father's social class, or father role 11 had significant effects  
15 (Supplementary information, table S4). However, the variance in number of  
16 children was greater for men than for women (Standard deviations: men 1.32,  
17 women 1.28, Levene's test for equality of variances  $F_{1,7889}=28.66$ ,  $p<0.01$ ). Thus,  
18 there is no evidence that high-investing men are thereby increasing the number  
19 of their grandchildren in this cohort.

20

## 21 **4.0 Discussion**

22 The main father role measure used here was a single item taken on a single day  
23 in 1969, giving the mother's overall assessment of the level of involvement by  
24 the father. This is clearly a very crude index of long-term paternal involvement.  
25 However, there was a high correlation between this item and a similar measure  
26 taken four years earlier, and also with more specific responses to items about  
27 reading and going on outings. This suggests some temporal stability in father  
28 involvement, and that variation in the overall involvement measure is driven by  
29 variation in how much time the father spends on more specific types of

1 investment. Flouri and Buchanan's (2004) previous study using the NCDS cohort  
2 used the measures from age 7 rather than from 11, so the fact that many of our  
3 results are similar is a useful cross-check and suggests some robustness of the  
4 measures.

5         As several previous studies in developed societies have also found  
6 (Cabrera et al., 2000; Harris et al., 1998; Kaplan et al., 1998; Lawson & Mace,  
7 submitted), paternal involvement is patterned by SES and by sex of the child,  
8 with high-SES fathers more involved than low-SES ones, and sons receiving more  
9 paternal involvement than daughters. High paternal involvement is associated  
10 with significantly increased IQ scores at age 11 in this large British cohort, even  
11 when family SES and number of other siblings are controlled for. This result is  
12 consistent with previous findings for IQ and educational attainment measures  
13 from this (Flouri & Buchanan, 2004) and other (Kaplan et al., 1998) cohorts.

14         The data suggest that coresidence is not sufficient for paternal benefits to  
15 appear. The children in the 'leaves to mother' families, where the fathers are  
16 generally coresident, do at least as badly as the children in the 'inapplicable'  
17 families, where the fathers are generally absent (see figure 2), suggesting that  
18 father needs to be not just present but motivated to get involved. This means  
19 that simply measuring father absence from the household, which is often done in  
20 studies of human development, may not be very informative, and data on  
21 paternal behaviour will be more revealing.

22         This study shows for the first time an interaction effect with father's SES,  
23 with professional and managerial fathers making more difference to child IQ  
24 scores when they invest than unskilled fathers do (see figure 3). High-SES fathers  
25 may have more skills to enrich and improve the environment of the child's  
26 development than low-SES fathers do. As Kaplan and colleagues (Kaplan et al.,  
27 1998) suggested might be the case, high SES fathers seem to be more efficient  
28 at embodying human capital in their children than low-SES fathers are. This gives  
29 a powerful potential explanation of why low-SES groups are characterised by low

1 paternal effort. The returns to effort are low, and therefore men have no incentive  
2 for higher effort.

3         The study pursued outcomes further into adulthood than previous research  
4 has. Paternal involvement does not just have a temporary effect in early life.  
5 Instead, cohort members who had received high paternal involvement were more  
6 upwardly mobile than those receiving low involvement, and the difference was  
7 still detectable at age 42. However, the interaction effect with father's SES was  
8 no longer detectable in social mobility at age 42. Why this should be is not clear,  
9 given the strong link between childhood IQ and adult social mobility in this  
10 population (Nettle, 2003). It may be that the simple class mobility measure is too  
11 crude, or that the attenuation of complete sample size over the years (around  
12 5700 at 42 compared to 8400 at 11) makes the interaction impossible to detect.

13         High-investing fathers did not have more grandchildren than low-investing  
14 fathers in this cohort. This does not necessarily mean that investment is not  
15 adaptive, since evolution favours strategies that maximise the contribution of the  
16 lineage to the population at an indefinitely far point in the future, and strategies  
17 can be adaptive even if their mean payoffs does not exceed the average for  
18 several generations (McNamara & Houston, 2006). High-investing fathers,  
19 especially from high SES backgrounds, did improve the quality and final social  
20 status of their children, and given that social status generally predicts marriage  
21 and fertility, at least for men (Fieder & Huber, 2007), it is quite plausible that  
22 they thereby reduce the risk of lineage extinction in the longer term. On the other  
23 hand, it may be that in this low-fertility, high parental investment, post  
24 demographic transition society, investment strategies that might have had an  
25 adaptive basis in ancestral environments have become decoupled from realised  
26 (grand)offspring numbers.

27         The study found no evidence that investments by fathers in sons were  
28 more effective than those made in daughters. However, although the absolute  
29 improvement in social status produced by paternal investment in a son was about

1 the same as for a daughter, male reproductive success is much more strongly  
2 linked to social status than female reproductive success is, in modern as well as  
3 traditional societies (Fieder & Huber, 2007; Hopcroft, 2006). Thus, a given  
4 increment of extra social status achieved for a son over a daughter would tend to  
5 bring a bigger increase in fitness for the investing father. Consistent with this  
6 possibility, the variance in male reproductive success is significantly larger than  
7 that in female reproductive success in this cohort.

8         There were clear effects of number of siblings on cohort member  
9 outcomes. Men invested less in the cohort member when there were more  
10 siblings, and more siblings were associated with lower IQ and less upward social  
11 mobility, even after controlling for SES of origin and paternal involvement. Similar  
12 effects have been documented before (Downey, 1995; Steelman et al., 2002).  
13 Such findings are clear indications that humans, like many other organisms, face  
14 a trade-off between the quality and the quantity of their offspring (Lawson &  
15 Mace, in press).

16         This dataset, though large and socially representative, does have  
17 limitations which mean that caveats are in order. The crudeness and skewedness  
18 of the measure means significant variation in paternal investment will go  
19 undetected, though this tends to militate against finding effects rather than  
20 making it likely that they will be spuriously detected. The Introduction mentioned  
21 three main methodological issues which studies of this type tend to face: reliance  
22 on the same informant for the independent and outcome variables, associations  
23 of paternal involvement with other family characteristics, and reverse causality  
24 from offspring characteristics to paternal behaviour. This study is not prone to the  
25 first problem, as paternal involvement was assessed from mothers' reports, whilst  
26 IQ was independently tested and adult outcomes are reported by the cohort  
27 members themselves. As for the second problem, the father's role item is worded  
28 in such a way as to mitigate the confound with level of maternal involvement, and  
29 other differences such as family size and SES were statistically controlled.



1 However, the possibility remains that undetected third variables are driving the  
2 associations. The third problem, reverse causality, is the hardest possibility to  
3 exclude: men could become less involved with children whose cognitive  
4 development is slower. Even with the finest-grained longitudinal data, such an  
5 effect would be difficult to identify. Possibly the best chance of testing for it would  
6 come from a within-family design with siblings of different cognitive abilities,  
7 though even this is made problematic by the reduction in men's involvement as  
8 family size increases.

9         However, if the associations found here are interpreted as reflecting the  
10 consequences of paternal investment, they suggest that the relatively low-  
11 investment behaviour of low-SES men, rather than being aberrant, is in some  
12 sense adaptive, since the benefit-cost ratio for their investment is less favourable  
13 than that experienced by higher-SES men. Adaptive does not of course mean  
14 either desirable or immutable. On the contrary, the account presented here  
15 predicts that if men's educational or socioeconomic attainment can be improved,  
16 then the benefits will be felt not just by them but also by their children, who will  
17 receive more, and more effective, paternal input, leading them to have greater  
18 attainment, be higher-investing fathers, and so on in cyclical manner. Thus, the  
19 study suggests the cycle of disadvantage in low-SES groups could be considerably  
20 ameliorated by any measures aimed at improving attainment by young low-SES  
21 men.

22         Although the data here suggest basically adaptive patterns of paternal  
23 investment, they shed no light on what the proximate mechanisms are that men  
24 use to make investment decisions. They could be following an evolved heuristic  
25 based on doing more with their children the more evidence they receive that their  
26 skills are socially valued, or that the children are benefitting. Alternatively, they  
27 could mostly be copying their own fathers' behaviour, or that of the most  
28 prestigious individuals in their local social networks. Any of these strategies could  
29 in principle lead to adaptive behaviour much of the time, but they predict

1 different time lags for men's behaviour to change if their attainment, skills or  
2 social status improves. Thus, further research is needed to elucidate the  
3 psychological mechanisms underlying the patterns of behaviour and consequence  
4 found here.

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31

1 Table 1. Measures of association (contingency coefficients) between four measures  
2 of paternal involvement.

3

|                  | Father role 7 | Reading | Outings |
|------------------|---------------|---------|---------|
| 4 Father role 11 | 0.53*         | 0.44*   | 0.48*   |
| 6                |               |         |         |
| 7 Outings        | 0.69*         | 0.69*   |         |
| 8                |               |         |         |
| 9 Reading        | 0.66*         |         |         |

10

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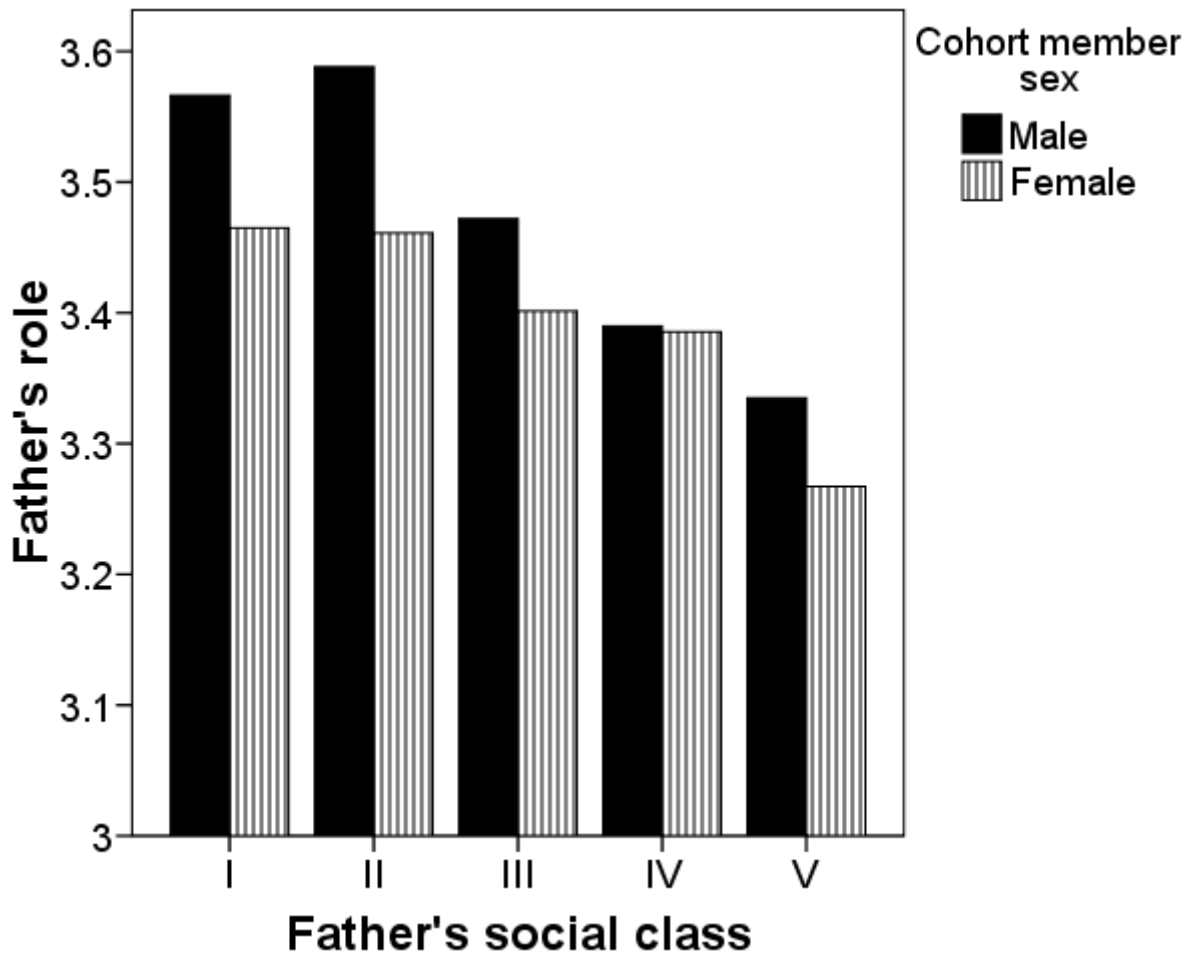
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13 \*  $p < 0.01$

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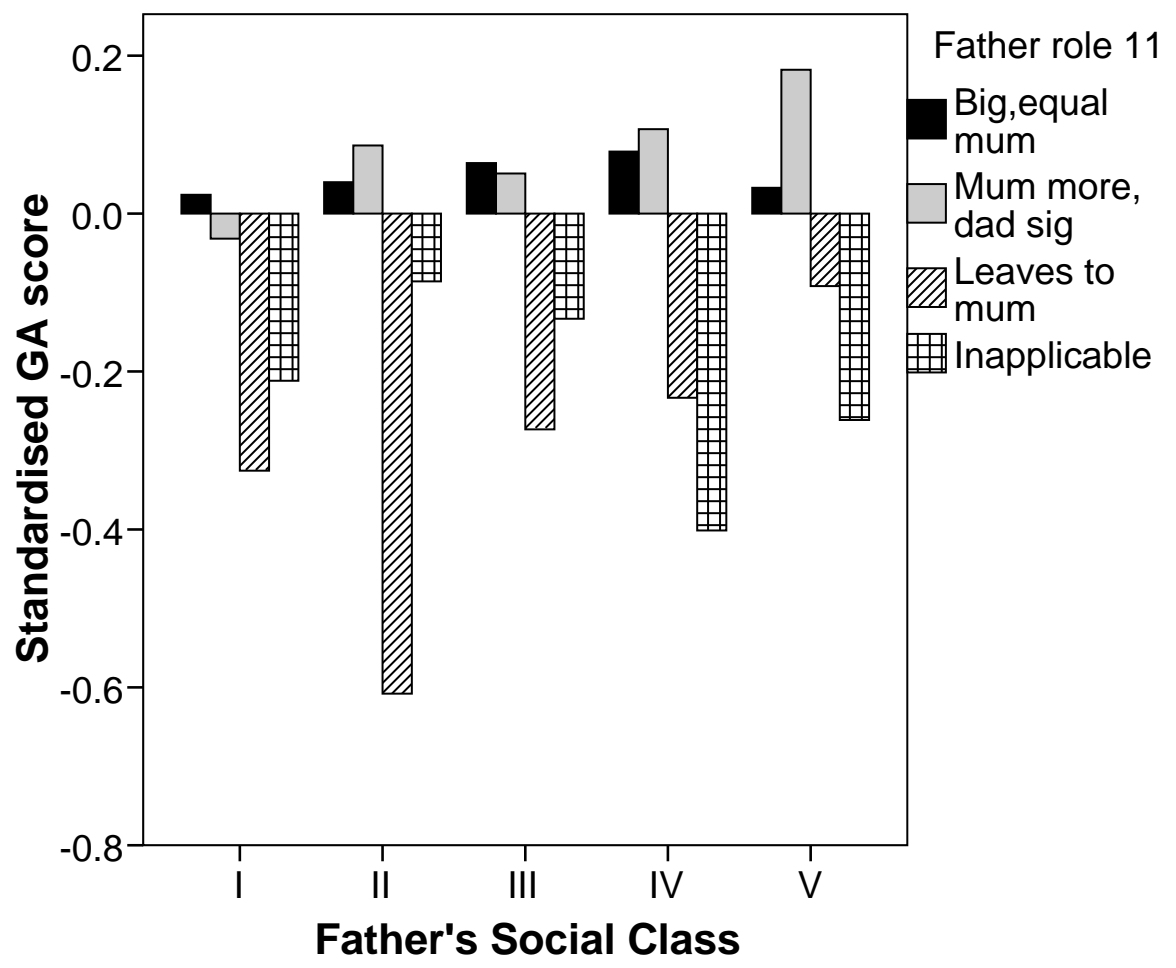
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Figure 1. Mean level of father role 11, broken down by father's social class and cohort member sex.

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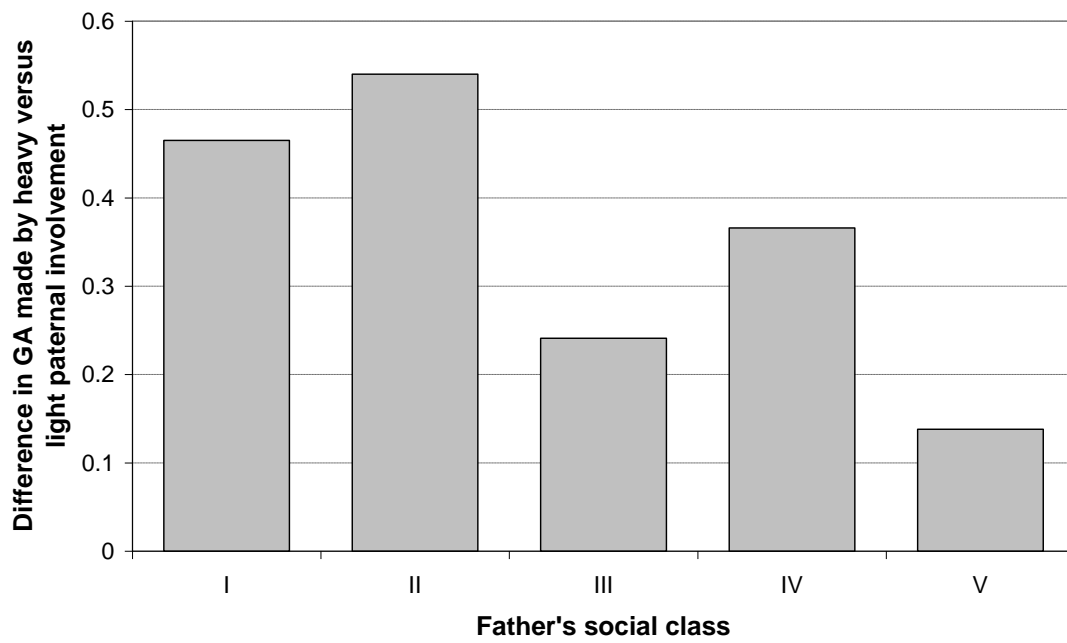
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4 Figure 2. GA score at 11 (standardised for father's social class) broken down by  
5 amount of paternal involvement received.

6

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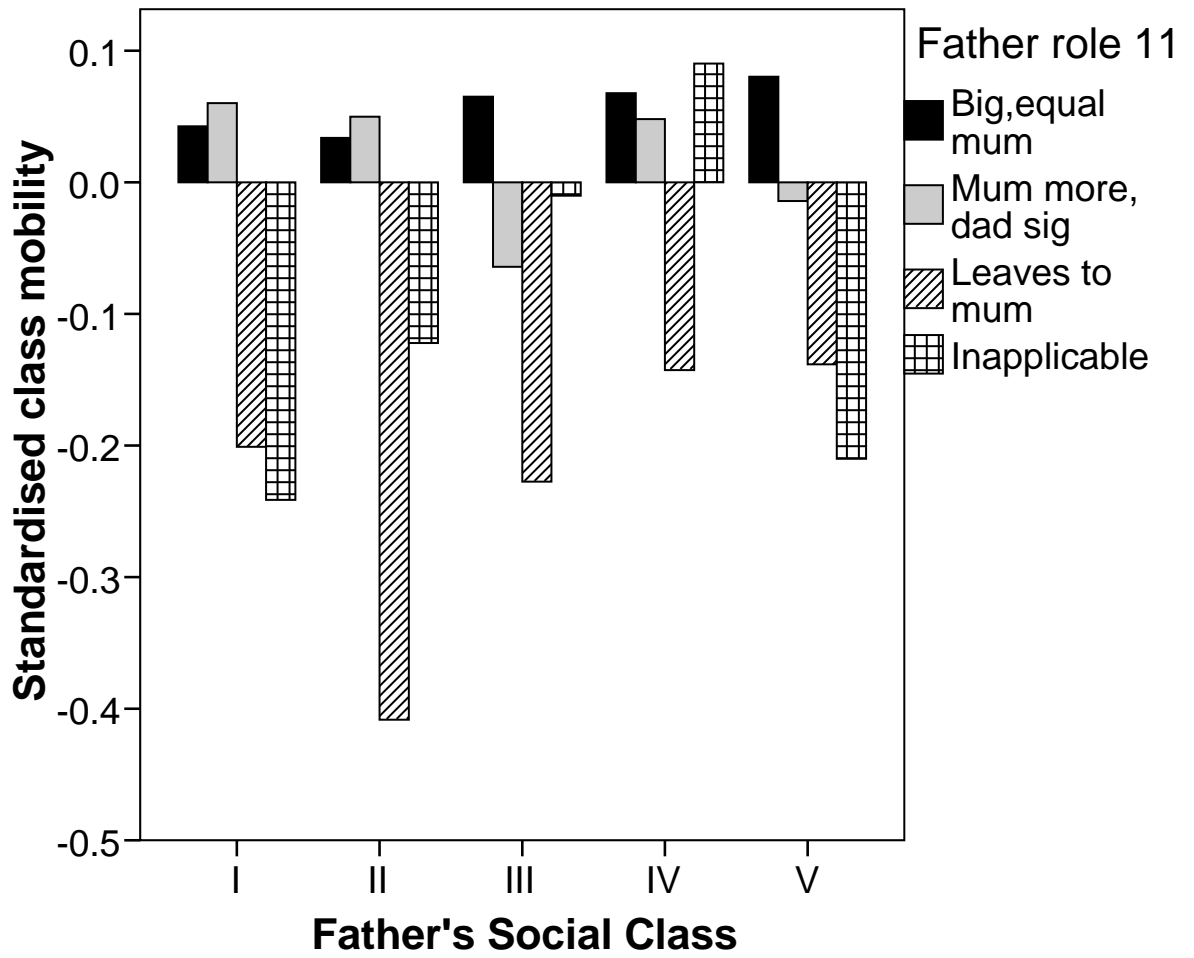
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4 Figure 3. The difference in mean GA score (sex and brothers and sisters having  
5 been controlled for) between cohort members whose fathers were heavily versus  
6 lightly involved, by father's social class. The units are for-class standard  
7 deviations of GA score.

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Figure 4. Social mobility by age 42 (standardised for father's social class) broken down by amount of paternal involvement received.